

## Spiritual Knowledge From Within

*Third Sunday of Easter (Year B)*

*“Why are you troubled? And why do questions arise in your hearts? Look at my hands and my feet, that it is I myself. Touch me and see, because a ghost does not have flesh and bones as you can see I have.” [Luke 24:38–39](#)*

Imagine if Jesus appeared to you. What if He showed you the wounds in His hands and feet and invited you to touch Him so as to believe. Would you believe? Most likely you would, to a certain extent. It would be the beginning of an experience that could be life-changing, just as it was for these disciples. Our Lord’s appearance to the disciples led to their transformation from men who were confused and doubtful to men who were filled with joy and zeal. Eventually, they would go forth preaching about Jesus as witnesses to His death and Resurrection with courage and with a desire that all who heard them would turn to Jesus as their Savior.

In the first reading of today’s Mass, Saint Peter is recorded as doing this very thing. After healing a crippled man at the gate of the Temple, a crowd gathered in amazement and Peter preached to them about Jesus. He concluded His sermon by saying, “God has thus brought to fulfillment what he had announced beforehand through the mouth of all the prophets, that his Christ would suffer. Repent, therefore, and be converted, that your sins may be wiped away.” Today, we are entrusted with the same mission given to our Lord’s disciples, and we must preach with the same zeal, courage and conviction with which they preached. First, we must become as certain as they were about Jesus’ triumph over sin and death. We must turn from all sin and believe that the fullness of life is found only in Christ Jesus. But then we must commit ourselves to the proclamation of this faith with every fiber of our being.

Begin by considering how deeply you believe in Jesus as the Savior of the World. Though it might be tempting to think that having Jesus appear to you in person would help deepen your faith in Him, the truth is that the first disciples were not primarily convinced because of the physical appearances of Jesus. Rather, this gift came primarily through the spiritual touching of their minds. After appearing to the disciples physically, we read that Jesus “opened their minds to understand the Scriptures.” This was what convinced them more than anything—the spiritual gift of understanding. And that gift is offered to you today, just as it was to the first followers of Jesus.

Saint Thomas Aquinas explains that the spiritual gift of understanding is a gift that reveals to us the very essence of God. He explains that it is a much deeper form of knowledge than that which is obtained through our five senses. Thus, simply seeing something with our eyes, touching it or hearing it is not nearly as convincing as the knowledge obtained through the spiritual gift of understanding. The gift of understanding enables us to “read inwardly” and to penetrate the very essence of something. ... continued on

# Mary, Queen of Heaven Parish

April 14, 2024

## Third Sunday of Easter



### Parish Staff:

Parish Office: 509-723-1459

Parish email:

[stannemedicallake@gmail.com](mailto:stannemedicallake@gmail.com)

Parish website:

[www.westplainscatholicparishes.org](http://www.westplainscatholicparishes.org)

Father Michael Ishida, Pastor

Father Peter Miller

Evie Noder, Parish Bookkeeper

Michele Flynn, Office Admin

Sacramental Emergencies – 509-998-7093

### Pastoral Council

Father Ishida, Pat Whipple, Janet Whipple,,

Mario Cruz, Danielle Treis, Father Miller

### Finance Council

Father Ishida, Eric Hanson

Physical Address: 200 W. Alder, Sprague, WA 99032

Mailing Address: P.O. Box 125, Medical Lake, WA 99022

### Holy Mass and Sacraments Schedule

**Sunday Mass:** 10:30 am

12:30 pm English Mass

### **Daily Mass During Lent:**

Mondays, Tuesdays, Thursdays – Low Mass @ 7:00 am

Wednesdays & Fridays—Sung Mass @ 10:15 am

Saturdays—Low Mass @ 7:00 am

**Reconciliation:** Sundays at 10:00 am

### **Baptism and Holy Matrimony:**

The family should be registered and active at Mary, Queen of Heaven Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

### **Anointing of the Sick:**

Please contact Father Ishida.

### **Parish Office:**

Please email or leave voice message.

### **FORMED.org—“The Catholic NetFlicks**

Step 1. **Sign up as a Parishioner (it's FREE)** : search for St. Anne Medical Lake

Step 2. Then enter your name and create a password.

welcome

to our parish

## AROUND THE DIOCESE

### Tuesday, April 16 @ 7:00 pm

Young Adult Pub Night  
Jack & Dan's, 1226 N. Hamilton St., Spokane  
Truth & Spirituality of St. Dominic with Anthony  
E Clark, PhD, FRHistS

### Friday, April 19 @ 5:00 pm-7:30 pm

Woman's Adoration & Fellowship  
St. Charles Parish, 4515 N. Alberta St., Spokane  
Wholeheartedly dedicated to proclaiming the  
love and mercy of Jesus and equipping woman to  
fearlessly do the same.

### Wednesday, April 24 @ 7:00 pm

Young Adult Trivia Night  
Jack & Dan's, 1226 N. Hamilton St., Spokane  
Gather the gang and get competitive! Please feel  
free to invite a priest or religious to join your  
team. If you can't find a team beforehand there  
are always opportunities to join a team there. Get  
there early, last time we filled the space.

**PRAY FOR BISHOP DALY  
AND HIS CONTINUED SUPPORT OF  
OUR PARISHES AND SCHOOLS.**



## MASS INTENTIONS FOR APRIL

14	Sunday	Pro Populo
15	Monday	
16	Tuesday	
17	Wednesday	
18	Thursday	
19	Friday	
20	Saturday	
21	Sunday	Pro Populo

*St. Anne ... Pray for us!  
Mary, Queen of Heaven ... Pray for us!*

## Spiritual Knowledge From Within

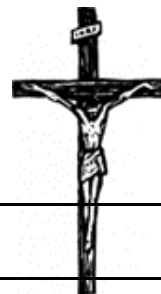
Third Sunday of Easter (Year B)  
*Continued from back ....*

For that reason, the physical appearance of Jesus might have been the first step toward believing, but it wasn't until these same disciples encountered our Lord within their souls, perceiving the very essence of His Resurrection inwardly, that they were forever changed. Only this form of knowledge could then convince them to go forth and proclaim the message of salvation.

Reflect, today, upon your own knowledge of Jesus and the transforming power of His Resurrection in your life. Has God spoken to you within the depths of your soul? Have you perceived this inward knowledge and had your mind opened? Listen attentively to our Lord—not just with your ears but primarily with your spirit. It is there, within you, that you, like the first disciples, will come to know and believe in the life, death and resurrection of Christ so that you can then go forth empowered to proclaim these truths to others.

*My revealing Lord, You showed Yourself to Your disciples not only physically but spiritually, revealing Your very essence to them interiorly. Please bestow this gift upon me, dear Lord. May I come to know You and believe in You with all my heart. As I do, please use me as an instrument of Your mercy to others. Jesus, I trust in You.*

**"Saint Michael the Archangel,** defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen."



**Welcome to Mary, Queen of Heaven Parish** To all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones today and every day.

## Mary, Queen of Heaven Parish

### Weekend Mass Schedule:

During Lent: Low Mass Saturdays @ 7:00 am  
Sundays @ 10:30 am - confession @ 10:00 am  
12:30 pm

### Daily Mass Schedule During Lent:

Mondays, Tuesdays, Thursdays – Low Mass @ 7:00 am  
Wednesdays & Fridays—Sung Mass @ 10:15 am



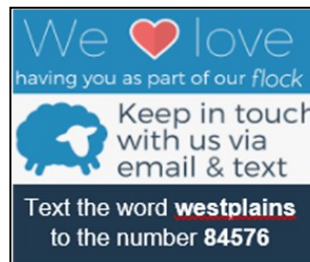
## All Diocesan Priests, including Father Ishida will be on Retreat May 5– 9 and May 13-17

Gracious and loving God, we thank you for the gift of our priests. Through them, we experience your presence in the sacraments. Help our priests to be strong in their vocation. Set their souls on fire with love for your people. Amen

## FORMED.org

### JOIN for free!

Directions on front of  
the bulletin  
Catholic "net flicks".



## Seven Sisters Apostolate

**That our prayers may find the  
heart of every priest and bishop.**



A call to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest or bishop—a "holy wasting" (cf. Mt. 26:10) or lavishing of prayer for his deeper conformity to Christ.

**Please contact Linda Pearson if you are  
interested in joining her at 509-879-0753  
or email sookiesue@msn.com**

**Seven Sisters Apostolate** meet after 9:00 am  
Mass at St. Anne Parish, Medical Lake. For all  
those interested —Please join us in the Church.

# Pilgrimage to the National Eucharistic Congress

INDIANAPOLIS  
JULY 17 - 21, 2024

with Bishop Thomas Daly and  
the Diocese of Spokane



Participate in this pivotal moment in the Church and draw into a deeper intimacy with our Lord. Join our diocese by registering today! Scan the QR code or click Book Now to attend this historic event.



[BOOK NOW!](#)



## NATIONAL Eucharistic Congress

### Adult Pricing\*

**\$1,049**

Triple/Quad

**\$1,249**

Double

**\$1,749**

Single

\*Price reflects an early booking discount of \$100 for registrations made before January 22nd

### Family Pricing

**-\$200**

off prices above for children  
ages 3-12

**FREE**

for lap children (0-2) when  
rooming with two paying  
adults in double occupancy

## A CATHOLIC EXPERIENCE UNLIKE ANY OTHER

Join your Catholic brothers and sisters at the 10th National Eucharistic Congress. This historic 5-day gathering of missionary disciples will be a new Pentecost, a powerful anointing and personal commission to invite others to know Christ.

### Tour Inclusions

- NEC Congress Pass
- Four nights' accommodations in Indianapolis
- Continental breakfast daily (pending hotel assignment)
- Daily transportation from hotel to the Indianapolis Convention Center and Lucas Oil Stadium
- Gratuities payable to motorcoach drivers



### Tour Does Not Include

- Meals and beverages not specifically identified
- Items not specifically mentioned above

### 3 Step Registration Process

1. Scan the QR Code on the cover of the flyer or click [HERE](#) to access our online registration site.
2. Follow the prompts to enter your personal information, select your rooming configuration, enter payment information, and acknowledge our terms and conditions.
3. Upon completion, you will receive a confirmation email with your diocesan code and a video tutorial providing instructions for finalizing your registration on the official National Eucharistic Congress' website.



### Payment Schedule:

\$250 per person deposit due upon registration

\$500 per person due December 31, 2023

Remaining balance due April 17, 2024

All payments are non-refundable. By registering for this tour, you understand and agree to CTS Terms and Conditions and accept our CTS Liability Release. All cancellations must be received in writing.

**Travel Insurance:** Cancel for any reason ("CFAR") travel protection is highly recommended

See Travel Insured link: [www.travelinsured.com/agency?agency=47907&p=CTS21](http://www.travelinsured.com/agency?agency=47907&p=CTS21)

**Cost does NOT include airfare.**



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