

Spiritual Knowledge From Within

Third Sunday of Easter (Year B)

“Why are you troubled? And why do questions arise in your hearts? Look at my hands and my feet, that it is I myself. Touch me and see, because a ghost does not have flesh and bones as you can see I have.” [Luke 24:38-39](#)

Imagine if Jesus appeared to you. What if He showed you the wounds in His hands and feet and invited you to touch Him so as to believe. Would you believe? Most likely you would, to a certain extent. It would be the beginning of an experience that could be life-changing, just as it was for these disciples. Our Lord’s appearance to the disciples led to their transformation from men who were confused and doubtful to men who were filled with joy and zeal. Eventually, they would go forth preaching about Jesus as witnesses to His death and Resurrection with courage and with a desire that all who heard them would turn to Jesus as their Savior.

In the first reading of today’s Mass, Saint Peter is recorded as doing this very thing. After healing a crippled man at the gate of the Temple, a crowd gathered in amazement and Peter preached to them about Jesus. He concluded His sermon by saying, “God has thus brought to fulfillment what he had announced beforehand through the mouth of all the prophets, that his Christ would suffer. Repent, therefore, and be converted, that your sins may be wiped away.” Today, we are entrusted with the same mission given to our Lord’s disciples, and we must preach with the same zeal, courage and conviction with which they preached. First, we must become as certain as they were about Jesus’ triumph over sin and death. We must turn from all sin and believe that the fullness of life is found only in Christ Jesus. But then we must commit ourselves to the proclamation of this faith with every fiber of our being.

Begin by considering how deeply you believe in Jesus as the Savior of the World. Though it might be tempting to think that having Jesus appear to you in person would help deepen your faith in Him, the truth is that the first disciples were not primarily convinced because of the physical appearances of Jesus. Rather, this gift came primarily through the spiritual touching of their minds. After appearing to the disciples physically, we read that Jesus “opened their minds to understand the Scriptures.” This was what convinced them more than anything—the spiritual gift of understanding. And that gift is offered to you today, just as it was to the first followers of Jesus.

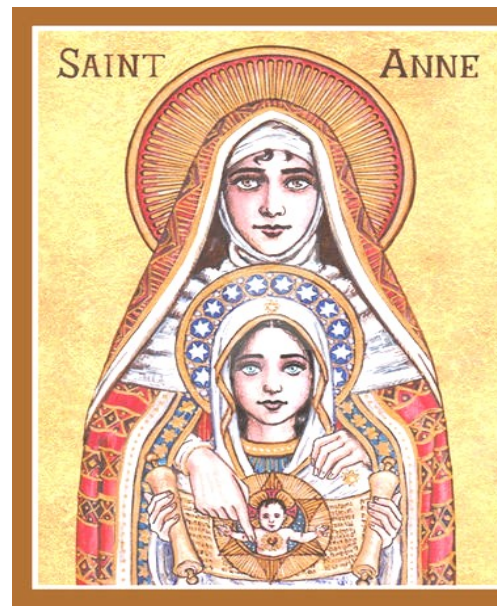
Saint Thomas Aquinas explains that the spiritual gift of understanding is a gift that reveals to us the very essence of God. He explains that it is a much deeper form of knowledge than that which is obtained through our five senses. Thus, simply seeing something with our eyes, touching it or hearing it is not nearly as convincing as the knowledge obtained through the spiritual gift of understanding. The gift of understanding enables us to “read inwardly” and to penetrate the very essence of something.

... continued on the inside.

St. Anne Catholic Parish

April 14, 2024

Third Sunday of Easter



Holy Mass and Sacraments Schedule

Saturday Vigil: 5:00 pm

Sunday Mass: 9:00 am

Daily Mass: Mondays & Fridays @ 6:00 pm
Tuesdays, Wednesdays, Thursdays @ 9:00 am
First Saturday’s ONLY @ 9:00 am

Reconciliation: 30 minutes prior to each Mass

Eucharistic Adoration: Mondays and Fridays 5:00-6:00 pm
Tuesdays, Wednesdays, Thursdays 9:30-10:30 am

Baptism and Holy Matrimony: The family should be registered and active at St. Anne Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

Anointing of the Sick: Please contact Father Ishida.

Parish Office: Please email or leave a voice message.

Parish Staff

Parish Office: 509-723-1459

Email: stannemedicallake@gmail.com

Website: www.westplainscatholicparishes.org

Father Michael Ishida, Pastor

Evie Noder, Parish Bookkeeper

Michele Flynn, Office Admin

Sacramental Emergencies – 509-998-7093

Pastoral Council

(meets 2nd Tuesday of each month @ 6:00 pm)

Father Ishida, Betty Patterson, Evie Noder,

Larry Jay, Theresa Reisenauer, Ian Buckmaster,

Jeff King, Judy Luce

Finance Council

(meets 1st Tuesday quarterly @ noon)

Father Ishida, Betty Patterson,

Dan Quaschnick,

Physical Address:

708 E Lake Street, Medical Lake, WA 99022

Mailing Address:

P.O. Box 125, Medical Lake, WA 99022

Ministry Contacts

Liturgical Ministries

Sacristan - Theresa Reisenauer

Lectors – Cheryl Moriarty

Music – Linda Pearson

Fellowship—

Hall Rental—

Meditation Garden—

Parish Guilds

Prayer Chain, Theresa Reisenauer, lovinretirement@gmail.com

Quilters Group, Sally Bachtel 702-622-5522

FORMED.org—“The Catholic NetFlicks

Step 1. **Sign up as a Parishioner (it’s FREE)** : search for **St. Anne Medical Lake**

Step 2. Then enter your name and create a password.

welcome
to our Parish

Around the Diocese

Tuesday, April 16 @ 7:00 pm

Young Adult Pub Night

Jack & Dan's, 1226 N. Hamilton St., Spokane
Truth & Spirituality of St. Dominic with Anthony E
Clark, PhD, FRHistS

Friday, April 19 @ 5:00 pm-7:30 pm

Woman's Adoration & Fellowship

St. Charles Parish, 4515 N. Alberta St., Spokane
Wholeheartedly dedicated to proclaiming the love
and mercy of Jesus and equipping woman to fear-
lessly do the same.

Wednesday, April 24 @ 7:00 pm

Young Adult Trivia Night

Jack & Dan's, 1226 N. Hamilton St., Spokane
Gather the gang and get competitive! Please feel
free to invite a priest or religious to join your team.
If you can't find a team beforehand there are al-
ways opportunities to join a team there. Get there
early, last time we filled the space.

Father Ishida will be on Retreat

- NO DAILY MASS -

May 5-9 and May 13-17

Gracious and loving God, we thank you for the gift
of our priests. Through them, we experience your
presence in the sacraments. Help our priests to be
strong in their vocation. Set their souls on fire with
love for your people. Amen

MASS INTENTIONS FOR APRIL

14	Sunday	Pro Populo
15	Monday	
16	Tuesday	
17	Wednesday	
18	Thursday	
19	Friday	
20	Saturday	
21	Sunday	Pro Populo

St. Anne ... Pray for us!

Mary, Queen of Heaven ... Pray for us!

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Continued from back

For that reason, the physical appearance of Je-
sus might have been the first step toward be-
lieving, but it wasn't until these same disciples
encountered our Lord within their souls, per-
ceiving the very essence of His Resurrection
inwardly, that they were forever changed. Only
this form of knowledge could then convince
them to go forth and proclaim the message of
salvation.

Reflect, today, upon your own knowledge of
Jesus and the transforming power of His Resur-
rection in your life. Has God spoken to you
within the depths of your soul? Have you per-
ceived this inward knowledge and had your
mind opened? Listen attentively to our Lord—
not just with your ears but primarily with your
spirit. It is there, within you, that you, like the
first disciples, will come to know and believe in
the life, death and resurrection of Christ so that
you can then go forth empowered to proclaim
these truths to others.

*My revealing Lord, You showed Yourself to Your
disciples not only physically but spiritually, reveal-
ing Your very essence to them interiorly. Please be-
stow this gift upon me, dear Lord. May I come to
know You and believe in You with all my heart. As
I do, please use me as an instrument of Your mercy
to others. Jesus, I trust in You.*

**"Saint Michael the Archangel, defend us in bat-
tle. Be our protection against the wickedness
and snares of the devil; May God rebuke him, we
humbly pray; And do thou, O Prince of the Heav-
enly Host, by the power of God, thrust into hell
Satan and all evil spirits who wander through the
world for the ruin of souls. Amen."**



Welcome to St. Anne Parish To all visitors who are joining us for worship
today. May your time with us be grace-filled and may the Lord Jesus bless you
and your loved ones today and every day. Pax et Bonum (Peace & Happiness)

St. Anne Parish

Weekend Mass Schedule:

Saturdays @ 5:00 pm—confession @ 4:30 pm

Sundays @ 9:00 am - confession @ 8:30 am

**Join us for FELLOWSHIP immediately following
Sunday 9:00 am Mass in St. Anne Hall.**

Daily Mass Schedule

Mondays & Fridays— 6:00 pm Mass

Tuesdays, Wednesdays, Thursdays - 9:00 am Mass

ADORATION

Mondays & Fridays @ 5:00 pm;

Tuesdays, Wednesdays, Thursdays—following Mass

CONFESSION

Mondays & Fridays @ 5:30 pm;

Tuesdays, Wednesdays, Thursdays @ 8:30 am

Seven Sisters Apostolate

**That our prayers may find the
heart of every priest and bishop.**



A call to strengthen the Church by ensuring that a
Holy Hour is prayed each day of the week for the sole
intention of a specific priest or bishop—a
“holy wasting” (cf. Mt. 26:10) or lavishing of prayer for
his deeper conformity to Christ.

**Please contact Linda Pearson
if you are interested in joining at 509-879-0753
Or email sookiesue@msn.com**

St. Anne Events!

Wednesday, April 17

Quilting Group @ 9:45 am in the Hall

Wednesday, April 24

Quilting Group @ 9:45 am in the Hall

Wednesday, May 1

Quilting Group @ 9:45 am in the Hall

First Saturday Mass, May 4

8:30 am Confession

9:00 am Mass

9:30 am Rosary



**PRAY FOR BISHOP DALY
FOR HIS CONTINUED SUPPORT OF
OUR PARISHES AND SCHOOLS.**

Schola Cantorum—Choir



Please join our new schola (Choir)
to assist with singing the Holy Mass,
We would love to have you.

Please contact Linda @ 509-879-0753
or email at sookiesue@msn.com

All voices are welcome!

Pilgrimage to the National Eucharistic Congress

INDIANAPOLIS
JULY 17 - 21, 2024

with Bishop Thomas Daly and
the Diocese of Spokane



Participate in this pivotal moment in the Church and draw into a deeper intimacy with our Lord. Join our diocese by registering today! Scan the QR code or click Book Now to attend this historic event.



[BOOK NOW!](#)



NATIONAL Eucharistic Congress

Adult Pricing*

\$1,049

Triple/Quad

\$1,249

Double

\$1,749

Single

*Price reflects an early booking discount of \$100 for registrations made before January 22nd

Family Pricing

-\$200

off prices above for children
ages 3-12

FREE

for lap children (0-2) when
rooming with two paying
adults in double occupancy

A CATHOLIC EXPERIENCE UNLIKE ANY OTHER

Join your Catholic brothers and sisters at the 10th National Eucharistic Congress. This historic 5-day gathering of missionary disciples will be a new Pentecost, a powerful anointing and personal commission to invite others to know Christ.

Tour Inclusions

- NEC Congress Pass
- Four nights' accommodations in Indianapolis
- Continental breakfast daily (pending hotel assignment)
- Daily transportation from hotel to the Indianapolis Convention Center and Lucas Oil Stadium
- Gratuities payable to motorcoach drivers



Tour Does Not Include

- Meals and beverages not specifically identified
- Items not specifically mentioned above

3 Step Registration Process

1. Scan the QR Code on the cover of the flyer or click [HERE](#) to access our online registration site.
2. Follow the prompts to enter your personal information, select your rooming configuration, enter payment information, and acknowledge our terms and conditions.
3. Upon completion, you will receive a confirmation email with your diocesan code and a video tutorial providing instructions for finalizing your registration on the official National Eucharistic Congress' website.



Payment Schedule:

\$250 per person deposit due upon registration

\$500 per person due December 31, 2023

Remaining balance due April 17, 2024

All payments are non-refundable. By registering for this tour, you understand and agree to CTS Terms and Conditions and accept our CTS Liability Release. All cancellations must be received in writing.

Travel Insurance: Cancel for any reason ("CFAR") travel protection is highly recommended
See Travel Insured link: www.travelinsured.com/agency?agency=47907&p=CTS21



866.468.1420 | NEC@CTSCENTRAL.NET

