

## **Pange Lingua—Proclaim, O Tongue**

### **Solemnity of the Most Holy Body and Blood of Christ—Corpus Christi (Year A)**

Jesus said to the Jewish crowds: “I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.” The Jews quarreled among themselves, saying, “How can this man give us his flesh to eat?” [John 6:51–52](#)

It must have been shocking to Jesus’ listeners the first time He boldly proclaimed that He would give His flesh as spiritual food. Their reaction makes this clear: “How can this man give us his flesh to eat?” Jesus did not back down or soften what He had just proclaimed. Instead, He began a lengthy and direct discourse, starting with these words:

“Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him.” ([John 6:53–56](#))

What would you have thought had you been among the first hearers? We’re told the people quarreled, indicating division. Some, we later read, murmured among themselves, saying: “This saying is hard; who can accept it?” And tragically, many of Jesus’ disciples left Him and returned to their former way of life (cf. [John 6:60–66](#)).

Despite this apparent failure and loss of disciples, Jesus did not retract or revise His teaching. Instead, He turned to the Twelve and asked if they too wished to leave. Peter, with clarity and faith, responded with one of the most profound statements of discipleship in all of Scripture: “Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God” (cf. [John 6:67–69](#)).

In many ways, Peter’s words are as important for us today as Jesus’ own words introducing the Eucharist. Why? Because Peter shows us how to respond when we encounter divine mysteries beyond human understanding. The Eucharist is one of the most central of these mysteries.

Do you believe in the Eucharist? Do you believe that it is truly the flesh and blood of the Son of God—His Body and Blood, Soul and Divinity? Though many of us have learned this teaching from childhood and accept it on some level, few penetrate the depth of the mystery we behold at every Mass. Saint John Vianney spoke beautifully of the Eucharist, revealing his profound reverence for this Gift: “If we really understood the Mass, we would die of joy.” And: “There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us.” He also said: “How beautiful it is! After the Consecration, the good God is there as He is in Heaven.”

It’s easy to approach the Holy Mass out of routine rather than with the depth of faith possessed by the saints. But that must be our goal. We must believe that we would truly “die of joy” if we understood the Mass.

The Solemnity of Corpus Christi is our annual invitation to step back and reflect on what we believe—and how devoutly we participate in the Mass and receive Holy Communion. We need this reminder so that our worship and faith do not grow lax.

Reflect today on Jesus’ unwavering clarity: “Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you.” Believe what He says. The Eucharist is not a symbol; it is the greatest Divine Mystery on earth. In the Eucharist, we kneel before God and consume Him—so that we may become what we eat: the Mystical Body of Christ.

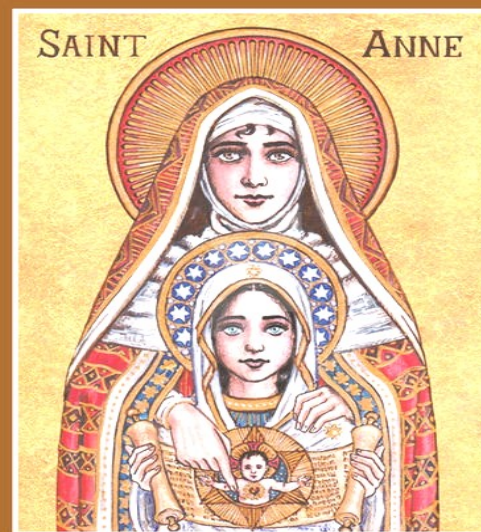
Let us close by praying the opening verses of a hymn Saint Thomas Aquinas wrote at the request of Pope Urban IV for the newly instituted Feast of Corpus Christi in 1264—the *Pange Lingua*, meaning, “Proclaim, O Tongue.”

*Down in adoration falling,  
Lo! the sacred Host we hail;  
Lo! o’er ancient forms departing,  
Newer rites of grace prevail;  
Faith for all defects supplying,  
Where the feeble senses fail.  
To the everlasting Father,  
And the Son who reigns on high,  
With the Holy Ghost proceeding  
Forth from each eternally,  
Be salvation, honor, blessing,  
Might, and endless majesty. Amen.*

# St. Anne Catholic Parish

June 7th 2026

## The Most Holy Body & Blood of Christ Corpus Christi Sunday



### Holy Mass and Sacraments Schedule

**Saturday Vigil:** 5:00 pm

**Sunday Mass:** 9:00 am

**Daily Mass:** Mondays & Fridays @ 6:00 pm  
Tuesdays, Wednesdays, Thursdays @ 9:00 am  
**First Saturday’s ONLY @ 9:00 am**

**Reconciliation:** 30 minutes prior to each Mass

**Eucharistic Adoration:** Mondays and Fridays 5:00-6:00 pm  
Tuesdays, Wednesdays, Thursdays 9:30-10:30 am

**Baptism and Holy Matrimony:** The family should be registered and active at St. Anne Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

**Anointing of the Sick:** Please contact Father Ishida. 509 998 7093

### Parish Staff

Parish Office: 509-723-1459

Email: [stannemedicallake@gmail.com](mailto:stannemedicallake@gmail.com)

Website: [www.westplainscatholicparishes.org](http://www.westplainscatholicparishes.org)

Father Michael Ishida, Pastor

Sacramental Emergencies – 509-998-7093

Evie Noder, Office Admin- Bookkeeper

### Pastoral Council

(meets 2<sup>nd</sup> Tuesday of each month @ 6:00 pm)

Fr Ishida, Jeff King 2028 Chairperson, Monica

Schindler Vice-Chairperson 2028 Larry Jay

2027, Marlayna Smith 2028, Linda Loeffler

2028, Theresa Reisenauer 2025, Evie Noder

2025,

### Finance Council

(meets 1<sup>st</sup> Tuesday quarterly @ noon)

Father Ishida,

Dan Quaschnick, Frank Powers

### Physical Address:

708 E Lake Street, Medical Lake, WA 99022

### Mailing Address:

P.O. Box 125, Medical Lake, WA 99022

### Liturgical Ministries Contacts

Sacristan - Theresa Reisenauer

Lectors – Cheryl Moriarty 509-999-1967

Music – Linda Pearson 509-879-0753

Fellowship—Hall Rental—Kit Holmesmith 509-475-6905

Meditation Garden— Linda Loeffler

### Parish Guilds

Prayer Chain, Prayer Chain—Pam Harper 509-496-5930 or

email @ [stanneprayerchain@yahoo.com](mailto:stanneprayerchain@yahoo.com)

(Intensions can be kept anonymous if requested or needed.)

Quilters Group, Sally Bachtel 702-622-5522

Online Giving—It’s safe, secure and  
easy to give with the service we use

RebelGive:

Bi-weekly budget \$1,910.00

Bi-weekly received \$1,554 0.00

As of June 1st Your generosity is amazing, thank you!



## The Most Holy Body and Blood of Christ—Solemnity

The Solemnity of Corpus Christi originated with Saint Juliana of Cornillon who was born near Liège, Belgium around 1191. Orphaned at the age of five, Juliana and her sister were entrusted to the care of Augustinian nuns. Within the convent, Juliana grew in her faith, participated in Eucharistic adoration, and frequented Holy Communion. Eventually, she joined the Augustinian order.

At age sixteen, Juliana had a mystical vision during Eucharistic adoration in which she saw the moon with a dark stripe. By divine intuition, she understood that the moon symbolized the Church's life on earth, and the dark stripe symbolized the absence of a feast dedicated to the Body and Blood of Christ. Though she had the same vision several more times, she kept it to herself for twenty years.

Around age thirty-six, Juliana shared her vision with two holy women. Together, the three grew in their love of Christ in the Eucharist, adoring His hidden presence and receiving Holy Communion frequently. After sharing her vision with the bishop, he reluctantly approved an annual feast to honor the Blessed Sacrament; other bishops followed. As word spread about Juliana's visions, her superior and some clergy opposed her. She took refuge in various Cistercian monasteries for ten years.

Juliana died at the age of sixty-seven while adoring the Most Blessed Sacrament in her cell. A local Archdeacon in Lièges, Jacques Pantaléon of Troyes, who was familiar with Juliana and her visions, was elected Pope Urban IV in 1261. He believed that a universal Corpus Christi feast was God's will.

In 1263, a Eucharistic miracle took place in Bolsena, Italy. A German priest named Father Peter of Prague stopped at the local church to offer Mass during a pilgrimage at the tomb of Saint Christina, a fourth-century martyr. Father Peter was struggling to believe in the true presence of Christ in the Eucharist. During the consecration, blood flowed from the host he was holding onto his hands and the linen corporal on the altar. He immediately went to Pope Urban, who was staying nearby, to reveal the miracle and his lack of faith. The pope absolved him and sent a delegation to investigate. The delegation brought the corporal to the cathedral in Orvieto, where it remains enshrined today.

In 1264, Pope Urban instituted the universal Solemnity of Corpus Christi on the Thursday after the Solemnity of the Most Holy Trinity, in honor of the day that the Eucharist was instituted. He asked the renowned theologian Father Thomas Aquinas to compose the liturgical texts for the feast. Among the texts the future saint and Doctor of the Church composed are the revered hymns, "Pange Lingua," "Tantum Ergo," "Panis Angelicus," and "O Salutaris Hostia."

The Solemnity of Corpus Christi has grown and become an important annual celebration, often including Eucharistic processions, adoration, and Mass. Where it is not a holy day of obligation, the solemnity is moved to the following Sunday so as to extend the celebration to the entire people of God. In 1869, Pope Pius IX canonized Saint Juliana of Lièges, adding greater credence to her miraculous visions and solidifying the importance of this holy solemnity.

*My Eucharistic Lord, please instill in me a profound love for You truly present in the Most Holy Eucharist. May I always adore You, believe in You, hope in You, and love You. I pray that my faith and devotion to You in this Most Holy Sacrament will more fully unite my soul to Yours and will be a source of reparation for the indifference with which You are so often treated. Jesus, present in the Most Holy Sacrament of the Altar, I trust in You!*



**Welcome to St. Anne Parish** To all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones today and every day. Pax et Bonum (Peace & Happiness)

## St. Anne Parish

### Weekend Mass Schedule

Saturdays @ 5:00 pm—confession @ 4:30 pm  
Sundays @ 9:00 am - confession @ 8:30 am

### Daily Mass Schedule

Mondays & Fridays— 6:00 pm Mass  
Tuesdays, Wednesdays, Thursdays - 9:00 am Mass

#### ADORATION

Mondays & Fridays @ 5:00 pm;  
Tuesdays, Wednesdays, Thursdays—following Mass

#### CONFESSION

Mondays & Fridays @ 5:30 pm;  
Tuesday Wednesday Thursday Sunday @ 8:30 am

### Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)

Liturgical color: white  
Lectionary #167

Dt 8:2–3, 14b–16a  
Ps 147:12–13, 14–15, 19–20  
1 Cor 10:16–17  
Jn 6:51–58

Gloria  
Creed

**Today's Solemnity: We celebrate today the mystery of the real presence of the Body and Blood of Christ in the Eucharist that unites our community of faith.**

### St. Anne Events

#### Mondays

Al-Anon 5:30 Parish Hall

#### Wednesdays

Quilting Group @ 9:45 am in the Hall

AA 7pm Parish Hall

#### Sundays

Music practice after mass  
**Fellowship after Mass**

### PRAYER CHAIN INTENTIONS

can be emailed and kept anonymous if requested or needed. Please call Pam Harper 509-496-5930 to request prayers. or email [stanneprayerchain@yahoo.com](mailto:stanneprayerchain@yahoo.com)

**Please note: Mass Intentions take approximately 2 weeks to get processed and on the calendar. Please note this when giving your stipends for Intentions.**

### MASS INTENTIONS

31	Sunday	Pro Populo
1	Monday	Adolf Klien
2	Tuesday	
3	Wednesday	Joan Blakely
4	Thursday	Deanna Swanson
5	Friday	
6	Saturday	
7	Sunday	Pro Populo

**Mary, Queen of Heaven ... Pray for us!  
St. Anne ... Pray for us!**

Starts: June 12th **St Aloysius Gonzaga** Feastday June 21st Patron saint of students, young people, the blind, purity, plague victims and against epidemics

Starts: June 13th **St Thomas More** Feastday June 22nd Patron saint of adopted children, lawyers, civil servants

Starts: June 15th **St John the Baptist** Feastday June 24th Patron saint of countless dioceses, cities, and causes

Starts: June 17th **St Josemaria Escriva** Feastday June 26th Patron saint of diabetes

Starts: June 18th **Our Lady of Perpetual Help** Feastday June 27th Patron saint of great needs

Starts: June 20th **St Peter and Paul** Feastday June 29th Patron saint of Greece, evangelization, the church

Starts: June 22nd **Precious Blood** Feastday July 1st Patron saint of Salvation

Starts: June 25th **St Pier Giorgio Frassati** Feastday July 4th Patron saint of students, young Catholics

Starts: June 25th **St Elizabeth of Portugal** Feastday July 4th Patron saint of the Third Order of St Francis

Starts: June 27th **St Maria Goretti** Feastday July 6th Patron saint of chastity, rape victims, girls, teenage girls purity and forgiveness

Starts: June 28th **St Mark Ji Tianxiang** Feastday July 7th Patron saint of overcoming drug & alcohol addiction,

Starts: June 30th **Our Lady of Peace** Feastday July 9th Patron saint of Peace

Starts: June 30th **St Veronica Giuliani** Feastday July 9th Patron saint of photographers, poor and sick



Fellowship changes to doughnuts and coffee starting June—August

Intercede Catholic  
Novena App.com

## St. Anne's Calendar June 2026

Dedicated to the Sacred Heart of Jesus



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 Mass 9:00 am  <b>The Most Holy Body and Blood of Christ (Corpus Christi)</b>  <b>Doughnuts</b>	8 Mass 6:00 pm  Al-Anon 5:30 pm	9 Mass 9:00 am  <b>COMBINED Finance &amp; Parish Council meeting 6 PM</b>	10 Mass 9:00 am  Quilting 9:45  AA 7 pm	11 Mass 9:00 am	12 Mass 6:00 pm	13 Vigil Mass @ 5:00 pm
14 Mass 9:00 am  <b>11th Sunday in Ordinary Time</b>  <b>Doughnuts</b>	15 Mass 6:00 pm  Al-Anon 5:30 pm	16 Mass 9:00 am	17 Mass 9:00 am  Quilting 9:45  AA 7 pm	18 Mass 9:00 am	19 Mass 6:00 pm	20 Vigil Mass @ 5:00 pm
21 Mass 9:00 am  <b>12th Sunday in Ordinary Time</b>  <b>Doughnuts</b>	22 Mass 6:00 pm  Al-Anon 5:30 pm	23 Mass 9:00 am	24 Mass 9:00 am Nativity of St. John the Baptist Quilting 9:45  AA 7 pm	25 Mass 9:00 am	26 Mass 6:00 pm	27 Vigil Mass @ 5:00 pm  <b>Fr Ishida's 20 yr Anniversary &amp; Transfer - Potluck After Mass</b>
28 Mass 9:00 am  <b>13th Sunday in Ordinary Time</b>  <b>Doughnuts</b>	29 Mass 6:00 pm  Al-Anon 5:30 pm	30 Mass 9:00 am  <b>Fr Ishida moves to Davenport</b>	1 Mass 9:00 am Quilting 9:45  AA 7 pm	2 Mass 9:00 am	3 Mass 6:00 pm	4 Vigil Mass @ 5:00 pm  <b>4Th of July</b>