

Suffering Transformed by Glory

The Fifth Sunday of Lent (Year B)

“I am troubled now. Yet what should I say? ‘Father, save me from this hour’?

But it was for this purpose that I came to this hour. Father, glorify your name.”

Then a voice came from heaven, “I have glorified it and will glorify it again.” John 12:27-28

Our Lord’s human soul was “troubled.” Other translations state that His soul was in agony. After expressing His interior suffering, Jesus identified the human temptation caused by this suffering: to flee from His “hour.” Of course, Jesus dismisses this temptation as a way of teaching us a lesson from His human experience.

As God, Jesus had perfect strength and always remained faithful to the mission He received from the Father. But as a human, Jesus permitted Himself to experience temptation and human suffering for many reasons. One reason was so that He could relate to us in every way. That includes being able to relate to interior human suffering. In doing so, Jesus also made it possible for us to imitate Him and to share in the strength and determination He had as He perfectly fulfilled the will of the Father. Jesus allowed Himself to endure the agony caused by foreseen suffering because we will endure similar temptations through life.

What is it that causes you fear and anxiety as you look into the future? If there is something that immediately comes to mind, try to look at that within the light of Jesus’ own experience above. The first thing Jesus does is identify the temptation to fear. He does this by identifying the interior suffering He experiences and then by looking at the cause: His coming “hour.” The “hour” of Jesus in the Gospel of John is a reference to His crucifixion and death. This was the reason He came to us. He came to suffer the consequences of our sins and to destroy death itself. But this mission of His was the cause of true human suffering and was also a temptation toward fear. But it was a fear that He perfectly overcame.

As you look at anything that tempts you to give into fear and anxiety, first ask yourself whether it is the will of God that you fulfill that action. If we are fearful of something that is not the will of the Father, then we should reject it. But very often the plan God has for our lives will include acting with courage in the face of some pending cross and suffering. Experiencing fear is normal, but fear will not turn into anxiety if we imitate our Lord and choose the will of God no matter the cost.

Jesus also embraced His Cross by looking at it through the lens of glory. He understood that His suffering and death would glorify the Father in Heaven. Therefore, He allowed Himself to see the Cross as a glorification of the Father. The same must happen in our lives. No matter what we face in life, no matter the cross we are given, if it is the will of God that we embrace it, then we must see it not only as a suffering we must endure but primarily as an act by which God will be glorified in our lives. This truer perspective will bring with it hope, joy and strength which will free us from anxiety caused by fear.

Reflect, today, upon the ways in which God is calling you to the cross. As you do, don’t allow fear to deter you. Instead, look at every pending suffering as an opportunity to glorify God in your life. See your crosses with gratitude and joy, and allow this new perspective to give you the strength you need to fulfill the mission given to you by the Father in Heaven.

Most glorious Father, Your will is perfect. You called Your Son to the suffering of the Cross. Through that act of perfect love, the suffering Your Son endured gave You perfect glory. Lord Jesus, please give me Your courage as I face my own sufferings in life and help me to imitate Your perfect obedience to the Father’s will in all things so that I, too, may give Him glory. Jesus, I trust in You.

St. Anne Catholic Parish

March 17, 2024

Fifth Sunday of Lent



Parish Staff

Parish Office: 509-723-1459

Email: stannemedicallake@gmail.com

Website: www.westplainscatholicparishes.org

Father Michael Ishida, Pastor

Evie Noder, Parish Bookkeeper

Michele Flynn, Office Admin

Sacramental Emergencies – 509-998-7093

Pastoral Council

(meets 2nd Tuesday of each month @ 6:00 pm)

Father Ishida, Betty Patterson, Evie Noder,

Larry Jay, Theresa Reisenauer, Ian Buckmaster,

Jeff King, Judy Luce

Finance Council

(meets 1st Tuesday quarterly @ noon)

Father Ishida, Betty Patterson,

Dan Quaschnick,

Physical Address:

708 E Lake Street, Medical Lake, WA 99022

Mailing Address::

P.O. Box 125, Medical Lake, WA 99022

Holy Mass and Sacraments Schedule

Saturday Vigil: 5:00 pm

Sunday Mass: 9:00 am

Daily Mass: Mondays & Fridays @ 6:00 pm
Tuesdays, Wednesdays, Thursdays @ 9:00 am
First Saturday’s ONLY @ 9:00 am

Reconciliation: 30 minutes prior to each Mass

Eucharistic Adoration: Mondays and Fridays 5:00-6:00 pm
Tuesdays, Wednesdays, Thursdays 9:30-10:30 am

Baptism and Holy Matrimony: The family should be registered and active at St. Anne Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

Anointing of the Sick: Please contact Father Ishida.

Parish Office: Please email or leave a voice message.

Ministry Contacts

Liturgical Ministries

Sacristan - Theresa Reisenauer

Lectors – Cheryl Moriarty

Music – Linda Pearson

Fellowship—

Hall Rental—

Meditation Garden—



Parish Guilds

Prayer Chain, Theresa Reisenauer, lovinretirement@gmail.com

Quilters Group, Sally Bachtel 702-622-5522

FORMED.org—”The Catholic NetFlicks

Step 1. ***Sign up as a Parishioner (it’s FREE)*** : search for **St. Anne Medical Lake**

Step 2. Then enter your name and create a password.

welcome
to our Parish



2024 Hearts on Fire Men's Conference

March 23
8am-4pm
St. Thomas More, Spokane
Cost \$45

Join men from throughout the Diocese to explore the “Real Presence” of Jesus in the Eucharist, in Eucharistic Miracles, and how this presence invites us to live transformed and holy lives, thus becoming truly present to our families and communities. More information on the registration site:

<https://www.eventbrite.com/e/hearts-on-fire-mens-conference-diocese-of-spokane-tickets-793489487417?aff=oddtcreator>

Are You Prepared?

Planning for Your Spiritual & Corporal Needs

End of Life Workshop

Saturday, April 13
9:00am – 12:00pm
St. Joseph Cemetery Chapel
17825 E. Trent Avenue, Spokane Valley, WA 99216

Join us FREE informative workshop to learn how to preplan for the end of life. Light refreshments will be provided.

MASS INTENTIONS FOR MARCH

17	Sunday	Pro Populo
18	Monday	
19	Tuesday	
20	Wednesday	
21	Thursday	
22	Friday	
23	Saturday	
24	Sunday	Pro Populo (Palm Sunday)



*St. Anne ... Pray for us!
Mary, Queen of Heaven ... Pray for us!*



JOIN US! Every Friday during Lent

POT LUCK SOUP DINNER
(remember—NO meat)

5:30 Mass, Stations, Soup Dinner

Holy Week—Mass Schedule

Holy Thursday
Thursday, March 28 @ 4:00 pm

Good Friday
Friday, March 29 @ 3:00 pm

Easter Vigil
Saturday, March 30 @ 8:45 pm

Easter Day
Sunday, March 31 @ 9:00 am

Help us make St. Anne's even more beautiful at Easter. Donate towards Easter Lilies. Make your donations today. Suggested donation is \$20, write “Easter Lilies” in the memo line.



Welcome to St. Anne Parish To all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones today and every day. Pax et Bonum (Peace & Happiness)

St. Anne Parish

Weekend Mass Schedule:

Saturdays @ 5:00 pm—confession @ 4:30 pm
Sundays @ 9:00 am - confession @ 8:30 am

Join us for **FELLOWSHIP** immediately following
Sunday 9:00 am Mass in St. Anne Hall.

Daily Mass Schedule

Mondays & Fridays— 6:00 pm Mass
Tuesdays, Wednesdays, Thursdays - 9:00 am Mass

ADORATION

Mondays & Fridays @ 5:00 pm;
Tuesdays, Wednesdays, Thursdays—following Mass

CONFESSION

Mondays & Fridays @ 5:30 pm;
Tuesdays, Wednesdays, Thursdays @ 8:30 am

St Anne Quilters want to thank the generous person, *our quilting angel*, who donated the quilting batting. It will help so many children. God Bless you!



CHRISM MASS

March 20 @ 5:30 pm
Cathedral of Our Lady of Lourdes

St. Anne Events!

Consecration to St. Joseph

33-Day Prayer Challenge—March 19
Solemnity of St. Joseph,
Spouse of the Blessed Virgin Mary

Wednesday, March 20

Quilting Group @ 9:45 am in the Hall

Friday, March 22, 2024

Confessions @ 5:00, Mass @ 5:30 (*no Adoration*)
followed by the Stations of the Cross (~6:00 pm)
Meatless SOUP POTLUCK IMMEDIATELY FOLLOWING Stations of the Cross.

Saturday, March 23

St Thomas More, Spokane 8 am-4:00 pm
Cost: \$45

2024 Hearts on Fire Men's Conference
Featuring Father Spitzer—exploring “Real Presence” of Jesus in the Eucharist



Lectors Needed!

We are looking for additional parishioners willing to serve as a lector.

If you would like, you could read at a daily mass once or twice with a small group attending before committing and being included on the weekend schedule. For more information or to sign up, contact Cheryl at 299-4191.

Schola Cantorum—Choir

Please join our new schola (Choir) to assist with singing the Holy Mass, We would love to have you.

Please contact Linda @ 509-879-0753 or email at sookiesue@msn.com

All voices are welcome!

Pilgrimage to the National Eucharistic Congress

INDIANAPOLIS
JULY 17 - 21, 2024

with Bishop Thomas Daly and
the Diocese of Spokane



Participate in this pivotal moment in the Church and draw into a deeper intimacy with our Lord. Join our diocese by registering today! Scan the QR code or click Book Now to attend this historic event.



[BOOK NOW!](#)



NATIONAL
Eucharistic
Congress

Adult Pricing*

\$1,049

Triple/Quad

\$1,249

Double

\$1,749

Single

*Price reflects an early booking discount of \$100 for registrations made before January 22nd

Family Pricing

-\$200

off prices above for children
ages 3 - 12

FREE

for lap children (0-2) when
rooming with two paying
adults in double occupancy

Payment Schedule:

\$250 per person deposit due upon registration

\$500 per person due December 31, 2023

Remaining balance due April 17, 2024

All payments are non-refundable. By registering for this tour, you understand and agree to CTS Terms and Conditions and accept our CTS Liability Release. All cancellations must be received in writing.

Travel Insurance: Cancel for any reason ("CFAR") travel protection is highly recommended

See Travel Insured link: www.travelinsured.com/agency?agency=47907&p=CTS21



CORPORATE
TRAVEL

866.468.1420 | NEC@CTSCENTRAL.NET



NATIONAL
Eucharistic
Congress

A CATHOLIC EXPERIENCE UNLIKE ANY OTHER

Join your Catholic brothers and sisters at the 10th National Eucharistic Congress. This historic 5-day gathering of missionary disciples will be a new Pentecost, a powerful anointing and personal commission to invite others to know Christ.

Tour Inclusions

- NEC Congress Pass
- Four nights' accommodations in Indianapolis
- Continental breakfast daily (pending hotel assignment)
- Daily transportation from hotel to the Indianapolis Convention Center and Lucas Oil Stadium
- Gratuities payable to motorcoach drivers



Tour Does Not Include

- Meals and beverages not specifically identified
- Items not specifically mentioned above

3 Step Registration Process

1. Scan the QR Code on the cover of the flyer or click [HERE](#) to access our online registration site.
2. Follow the prompts to enter your personal information, select your rooming configuration, enter payment information, and acknowledge our terms and conditions.
3. Upon completion, you will receive a confirmation email with your diocesan code and a video tutorial providing instructions for finalizing your registration on the official National Eucharistic Congress' website.

