

Fully Trained

Eighth Sunday in Ordinary Time (Year C)

Jesus told his disciples a parable, "Can a blind person guide a blind person? Will not both fall into a pit? No disciple is superior to the teacher; but when fully trained, every disciple will be like his teacher." [Luke 6:39-40](#)

Are you "fully trained?" What does it mean to be fully trained? Jesus makes it clear that those who are fully trained will be like their teacher. Of course, we must become like our Lord, who is the one and only Teacher. So are you like Him in every way?

Being fully trained as a Christian is different than being fully trained in an occupation. For example, a doctor is fully trained when all the necessary lessons are learned and the practical aspects of medicine are put into practice. That is why that person becomes a doctor, just like the doctors who were their teachers. But the Christian life is not something we master by learning many teachings of the faith so that, by our expertise, we can then put them into practice using our natural talents. For a Christian to be fully trained, it is necessary that the Divine Physician fully possess them, live within them, and act through them. Thus, Christian training is the practice of allowing God to become one with you so that it is God Who acts in and through you.

This form of "training" first takes on the goal of freeing us from spiritual blindness. We must see Christ and come to know Him. Again, this is not a matter of simply learning various truths about God in an intellectual way. It's a matter of coming to know the Truth Himself. We must see and know the Person Who is Christ Jesus. This is true sight. Blindness, however, can always set in again when we take the eyes of our soul off the Savior.

Seeing Christ, however, is not enough. Seeing must be followed by doing. That is why our Lord goes on to say in today's Gospel that "every tree is known by its own fruit" and that a "good person out of the store of goodness in his heart produces good." Seeing Christ Himself, within your soul, will produce that "store of goodness," and this will make you more "fully trained." Only then can you produce good fruit, for it will be Christ Himself producing the good fruit in and through you.

So back to our original question: "Are you fully trained?" Do you daily keep your eyes on a Person, Jesus Himself? And if so, do You allow Him to act in your life and, through you, in the lives of others? If you cannot answer these questions with a confident "Yes," then you might have more blindness in the spiritual life than you realize.

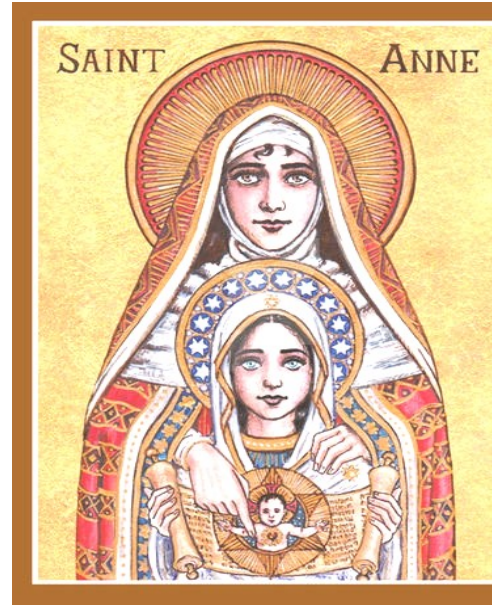
Reflect, today, upon your mission to become a fully trained soldier of Christ. God wants to use you, to live within you, and to act through you. He wants you to be like Him in every way. This is only possible when you admit the blindness with which you struggle, turn your eyes to Him, and allow Him to become one with you. Start by turning to Him as He dwells within you. Search for Him, seek Him, and love Him. If you keep your eyes upon Him, He will carefully take care of the rest, leading you to a fully trained and fruitful life.

My divine Teacher, I turn to You, the Lord of all, and seek to fix my gaze upon You. As I see You, please remove my blindness and confusion. In place of these, give me wisdom so that I will always allow You to live in me and act through me, bearing an abundance of good fruit. Jesus, I trust in You.

St. Anne Catholic Parish

March 2, 2025

8th Sunday in Ordinary Time



Holy Mass and Sacraments Schedule

Saturday Vigil: 5:00 pm

Sunday Mass: 9:00 am

Daily Mass: Mondays & Fridays @ 6:00 pm
Tuesdays, Wednesdays, Thursdays @ 9:00 am
First Saturday's ONLY @ 9:00 am

Reconciliation: 30 minutes prior to each Mass

Eucharistic Adoration: Mondays and Fridays 5:00-6:00 pm
Tuesdays, Wednesdays, Thursdays 9:30-10:30 am

Baptism and Holy Matrimony: The family should be registered and active at St. Anne Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

Anointing of the Sick: Please contact Father Ishida.

Parish Office: Please email or leave a voice message.

Parish Staff

Parish Office: 509-723-1459

Email: stannemedicallake@gmail.com

Website: www.westplainscatholicparishes.org

Father Michael Ishida, Pastor

Evie Noder, Parish Bookkeeper

Michele Flynn, Office Admin

Sacramental Emergencies – 509-998-7093

Pastoral Council

(meets 2nd Tuesday of each month @ 6:00 pm)

Fr Ishida, Theresa Reisenauer, Linda Pearson,

Evie Noder, Jeff King, Larry Jay,

Monica Schindler, Marlayna Smith

Finance Council

(meets 1st Tuesday quarterly @ noon)

Father Ishida, Betty Patterson,

Dan Quaschnick,

Physical Address:

708 E Lake Street, Medical Lake, WA 99022

Mailing Address:

P.O. Box 125, Medical Lake, WA 99022

Ministry Contacts

Liturgical Ministries

Sacristan - Theresa Reisenauer

Lectors – Cheryl Moriarty 509-999-1964

Music – Linda Pearson

Fellowship—Betty Patterson 509-998-6631

Hall Rental—Mary Morrison 509-244-4533

Meditation Garden—

Parish Guilds

Prayer Chain, Theresa Reisenauer, lovinretirement@gmail.com

(Intensions can be kept anonymous if requested or needed.)

Quilters Group, Sally Bachtel 702-622-5522

FORMED.org—"The Catholic NetFlicks

Step 1. **Sign up as a Parishioner (it's FREE)** : search for **St. Anne Medical Lake**

Step 2. Then enter your name and create a password.

welcome
to our Parish

Stations of the Cross, Beginning March 7th at 5:30 and continues every Friday throughout Lent
Fellowship after with soup and bread.

The stations are a superb Lenten practice, since the graces we receive from doing them in a spirit of prayerful recollection and penance are so immense. It is good for us to ponder these things, to realize why Jesus died, to see the supreme mercy of God—the extreme depth of God’s love for us. We all see the signs that say John 3:16: “For God so loved the world that He gave His only Son, that whoever believes in Him shall not perish, but have everlasting life.” By mediating on the stations of the cross, we can truly see that love—love that was so deep it sustained Jesus through His horrible torture and death.

So, please participate in the Stations of the Cross and join us for Fellowship with Soup and Bread after the Stations. You can also go to your church sometime and walk the stations. If you can’t get to a church, you can also meditate on them at home by using a prayer book or an online guide, like the one I posted above. The important thing is that, at some point during Lent, you really focus on what the season is about, and what happened on Good Friday.)



PRAY FOR our priests & Bishop Daly!

Please note:

Mass Intentions take approximately two (2) weeks to get processed and on the calendar. Please note this when giving your stipends for Intentions.

MASS INTENTIONS FOR MARCH

02	Sunday	Pro Populo
03	Monday	Adolf & Lorraine Klein
04	Tuesday	Deanna Swanson
05	Wednesday	
06	Thursday	Deanna Swanson
07	Friday	Adolf & Lorraine Klein
08	Saturday	
09	Sunday	Pro Populo

**St. Anne ... Pray for us!
 Mary, Queen of Heaven ... Pray for us!**

Lenten Fridays

- 5:00 PM —Confessions
- 5:30 PM—Mass
- 6:00 PM—Stations of the Cross
(no Adoration)
- 6:30 PM—Soup Potluck in the Hall

**Meatless SOUP POTLUCK Supper
 IMMEDIATELY FOLLOWING
 Stations of the Cross.**

Join us for this opportunity
 to gather and share meals together.

Eighth Sunday in Ordinary Time

Lectionary #84C - Liturgical color: green

1st Reading: Sirach 27:4–7
 Responsorial Psalm: Psalm 92:2–3, 13–14, 15–16
 2nd Reading: 1 Corinthians 15:54–58
 Gospel: Luke 6:39–45

The Gloria and the Creed



Welcome to St. Anne Parish To all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones today and every day. Pax et Bonum (Peace & Happiness)

St. Anne Parish

Weekend Mass Schedule:

Saturdays @ 5:00 pm—confession @ 4:30 pm
 Sundays @ 9:00 am - confession @ 8:30 am

**Join us for FELLOWSHIP immediately following
 Sunday 9:00 am Mass in St. Anne Hall.**

Daily Mass Schedule

Mondays & Fridays– 6:00 pm Mass
 Tuesdays, Wednesdays, Thursdays - 9:00 am Mass

ADORATION

Mondays & Fridays @ 5:00 pm;
 Tuesdays, Wednesdays, Thursdays—following Mass

CONFESSION

Mondays & Fridays @ 5:30 pm;
 Tuesdays, Wednesdays, Thursdays @ 8:30 am

**“The priesthood is the love
 of the heart of Jesus.”**

St. John Vianney



Schola Cantorum—Choir

Please join our new schola (Choir). We would love to have you assist us with singing the Holy Mass. Please contact Linda at 509-879-0753 or email at sookisue@msn.com

All voices are welcome!

PRAYER CHAIN

INTENTIONS can be emailed and kept anonymous if requested or needed. Please request prayers to Theresa Reisenauer at: lovinretirement@gmail.com



St. Anne Events!

**Join us for FELLOWSHIP immediately following
 Sunday 9:00 am Mass in St. Anne Hall.**

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First Saturday Mass—March 1 @ 9:00 AM
 8:30 AM Confession and 9:30 AM Rosary

ASH WEDNESDAY
 First Day of Lent



Wednesday, March 5—Mass @ 9:00 AM
 Ash Wednesday—Lent Begins!

Wednesday, March 5 @ 9:45 AM
 Quilting Group @ 9:45 am in the Hall

Friday, March 7 @ 6:00 PM
Stations of the Cross & Soup Supper
 5:00 PM —Confessions
 5:30 PM—Mass
 6:00 PM—Stations of the Cross
 (no Adoration)
 6:30 PM—Soup Potluck in the Hall

Wednesday, March 12 @ 9:45 AM
 Quilting Group @ 9:45 am in the Hall



**Seven Sisters
 Apostolate**

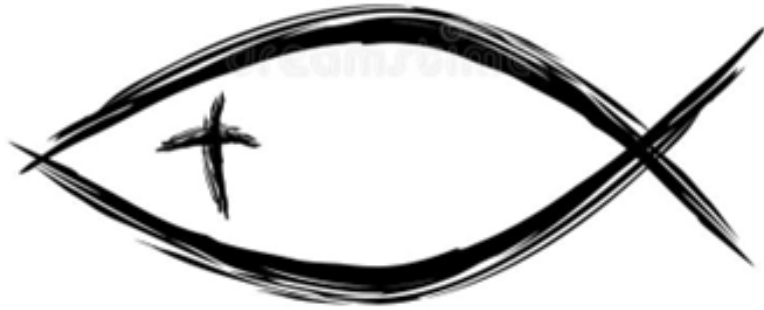
*That our prayers may find the
 heart of every priest and bishop.*

**Please contact Linda Pearson
 if you are interested in joining at
 509-879-0753**

Or email sookisue@msn.com

ASH WEDNESDAY

First Day of Lent



Ash Wednesday—March 5, 2025

Lectionary #219 - Liturgical color: violet

1st Reading: Joel 2:12–18

Responsorial Psalm: Psalm 51:3–4, 5–6ab, 12–13, 14 and 17

2nd Reading: 2 Corinthians 5:20—6:2

Gospel: Matthew 6:1–6, 16–18

No Penitential Act, Gloria, or Creed

Fast & Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. Members of the Eastern Catholic Churches are to observe the particular law of their own *sui iuris* Church.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the “paschal fast” to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.

Lent—Combating Sin with Virtue

Ash Wednesday (Year C)

*“But when you give alms, do not let your left hand know what your right is doing...
But when you pray, go to your inner room, close the door, and pray to your Father in secret.
But when you fast, anoint your head and wash your face...” [Matthew 6:3: 6: 17](#)*

One Church Father explains that almsgiving, prayer and fasting are three acts that help us to combat the three temptations that Jesus overcame in the desert. First, our Lord overcame gluttony when the evil one tempted Him to turn stones into bread to satiate His hunger after fasting for 40 days. Second, our Lord overcame vainglory when the evil one took Him to the parapet of the temple and tempted Him to throw Himself down so that the angels of God would save Him, proving His divinity. Third, our Lord overcame greed when the evil one took Him up a high mountain and showed Him all the kingdoms of the world, promising to give them to Jesus if He worshiped him.

Today’s Gospel identifies the three ways that we are able to overcome these same temptations of gluttony, vainglory and greed. Almsgiving, or generosity, is the cure for greed. Prayer within the “inner room” of your soul is the cure for vainglory. Fasting is the cure for gluttony.

As Lent begins, we are also invited into the desert for 40 days. We are invited to face the many temptations we endure in life so as to overcome them by the power of God. If you struggle with one of these above-mentioned temptations, all of them, or some similar temptation, the cure is found when the temptation is identified and the contrary virtue is embraced.

Do you struggle with greed? If so, consider being generous this Lent. God has promised to provide for your needs. He has not promised earthly wealth, but He has promised to care for you. There is great freedom found in believing that promise. One way to more fully trust in God’s providence is to generously give of your money to those in need. Don’t hesitate to do so if this is your struggle.

Do you struggle with a desire for vainglory and have an inordinate desire to prove your worth to others? If so, turn to prayer. It is in personal prayer, within that “inner room” of your heart, where God will meet you and reveal to you your true value and worth. As you discover your dignity in prayer, you will find you have no need to prove that dignity and value to others through prideful means.

Do you struggle with gluttony and seek to satiate your longings by the excessive consumption of food and drink? If so, the cure will be found in fasting. Denying your disordered appetites has great spiritual value. Fasting intermingled with prayer opens your soul to seek satisfaction only in God, and not in the flesh.

Reflect, today, upon that which needs to be your primary focus this Lent. What is it that keeps you from God? What temptations do you struggle with the most? Perhaps greed, vainglory or gluttony is among your struggles. If so, then do not hesitate to commit yourself to the cures this Lent. The end result will be that “your Father who sees in secret will repay you.”

My freeing Lord, help me to see my greatest sins this Lent and to begin the process of overcoming them. Please reveal to me the virtues I need to embrace so as to be freed of these burdens and to grow more firmly in my love of You and others. Jesus, I trust in You.