

God is Love and Loving *Solemnity of the Most Holy Trinity (Year A)*

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God. [John 3:16–18](#)

Saint John the Apostle is identified in his Gospel as “the disciple whom Jesus loved,” a title that appears multiple times and has been consistently understood in the Church’s tradition to refer to John himself (cf. [John 13:23](#); [19:26](#); [20:2](#); [21:7](#); [21:20](#)). By calling himself the beloved disciple, John was revealing his interior experience of the perfect love he encountered in Jesus. Certainly, Jesus loved everyone—equally and without limit. Yet John includes this personal designation not to claim favoritism, but to offer a personal testimony to the divine love made manifest in Christ’s humanity—love he experienced firsthand and which changed his life.

Love plays a central role in John’s writings—not only in his Gospel but also in his letters and the Book of Revelation. In his First Letter, likely written to the Christian communities he helped convert and shepherd, John declares: “God is love, and whoever remains in love remains in God and God in him” ([1 John 4:16](#)). This is both a personal sentiment and a profound theological affirmation. John speaks from both divine inspiration and lived experience; he had walked with Love Incarnate. To say “God is love” is to profess that love is not something God merely *does*—it is who God *is*. God’s love is not a feeling, not sentimentality, but the pure, self-giving, eternal communion of Father, Son, and Holy Spirit—a love that precedes and surpasses all creation.

That mystery lies at the very heart of today’s Solemnity. Because God is Love in His very essence, love naturally flows from His divine nature in superabundance. God loves because He is Love. Today’s Gospel reveals the most perfect expression of that divine essence: “God so loved the world that he gave his only Son...” This eternal, Trinitarian love is made visible in time when the Father sends the Son, conceived by the overshadowing of the Holy Spirit in the womb of the Blessed Virgin Mary.

Why does God give His Son? So that we might not perish but have eternal life. That is, so we may be drawn into the very life of God—into the Trinitarian communion of love. God desires to rescue us from condemnation and to share with us His Divine Existence.

This is the essence of Divine Love. This is the Trinity. And this is the astonishing invitation extended to every soul: To believe in the Son is to begin participating in the eternal love that flows ceaselessly between the Father and the Son in the Holy Spirit—a love that never ends. We are invited to be caught up by the love of God into Love Himself: the eternal communion of the Father, Son, and Holy Spirit.

Trinity Sunday is set apart on the Church’s calendar to renew our awe, deepen our understanding, and intensify our worship of the central mystery of our faith: that God is One in essence and Three in Persons. While every liturgy honors the Trinity—through prayer to the Father, in the Son, by the power of the Holy Spirit—this solemnity invites us to pause and gaze more intentionally into the inner life of God as it has been revealed to us. We do not celebrate a theological abstraction but a divine Personhood: the eternal exchange of love between the Father and the Son, perfectly expressed and eternally proceeding in the Holy Spirit.

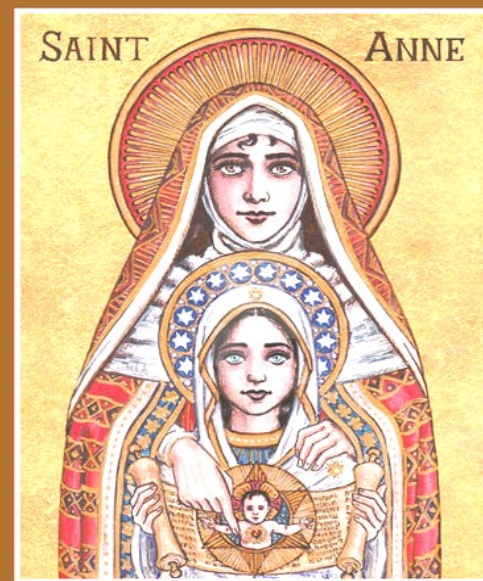
Reflect today on the Most Holy Trinity. We were made to share in Their Life and Love. Though the fullness of the Trinity remains a mystery beyond human grasp, it is not beyond human encounter. Through grace, revelation, and contemplative union, God draws us to Himself—not to explain Himself, but to be consumed by Him. Celebrate this day by repeatedly praying one of the most ancient and simple prayers of the Church:

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen! Most Holy Trinity, I love You and trust in You!

St. Anne Catholic Parish

May 31st 2026

The Most Holy Trinity Sunday



Holy Mass and Sacraments Schedule

Saturday Vigil: 5:00 pm

Sunday Mass: 9:00 am

Daily Mass: Mondays & Fridays @ 6:00 pm
Tuesdays, Wednesdays, Thursdays @ 9:00 am
First Saturday's ONLY @ 9:00 am

Reconciliation: 30 minutes prior to each Mass

Eucharistic Adoration: Mondays and Fridays 5:00-6:00 pm
Tuesdays, Wednesdays, Thursdays 9:30-10:30 am

Baptism and Holy Matrimony: The family should be registered and active at St. Anne Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

Anointing of the Sick: Please contact Father Ishida. 509 998 7093

Parish Staff

Parish Office: 509-723-1459

Email: stannemedicallake@gmail.com

Website: www.westplainscatholicparishes.org

Father Michael Ishida, Pastor

Sacramental Emergencies – 509-998-7093

Evie Noder, Office Admin- Bookkeeper

Pastoral Council

(meets 2nd Tuesday of each month @ 6:00 pm)

Fr Ishida, Jeff King 2028 Chairperson, Monica

Schindler Vice-Chairperson 2028 Larry Jay

2027, Marlayna Smith 2028, Linda Loeffler

2028, Theresa Reisenauer 2025, Evie Noder

2025,

Finance Council

(meets 1st Tuesday quarterly @ noon)

Father Ishida,

Dan Quaschnick, Frank Powers

Physical Address:

708 E Lake Street, Medical Lake, WA 99022

Mailing Address::

P.O. Box 125, Medical Lake, WA 99022

Liturgical Ministries Contacts

Sacristan - Theresa Reisenauer

Lectors – Cheryl Moriarty 509-999-1967

Music – Linda Pearson 509-879-0753

Fellowship—Hall Rental—Kit Holmesmith 509-475-6905

Meditation Garden— Linda Loeffler

Parish Guilds

Prayer Chain, Prayer Chain—Pam Harper 509-496-5930 or email @ stanneprayerchain@yahoo.com

(Intensions can be kept anonymous if requested or needed.)

Quilters Group, Sally Bachtel 702-622-5522

Online Giving—It's safe, secure and easy to give with the service we use

RebelGive:

Bi-weekly budget \$1,910.00

Bi-weekly received \$ 320.00

As of May 26th Your generosity is amazing, thank you!



Daily prayers for priests

O Jesus, keep them all close to your heart.

O Jesus, I pray for your faithful and fervent priests;
for your unfaithful and tepid priests;
for your priests laboring at home or abroad in distant mission fields;
for your tempted priests;
for your lonely and desolate priests;
for your young priests;
for your dying priests;
for the souls of your priests in Purgatory.

But above all, I recommend to you the priests dearest to me:
the priest who baptized me;
the priests who've absolved me from my sins;
the priests at whose Masses I've assisted and who've given me Your Body and Blood in Holy Communion;
the priests who've taught and instructed me;
all the priests to whom I am indebted in any other way, especially ____

O Jesus, keep them all close to your heart,
and bless them abundantly in time and in eternity.

Amen.

Find a Mass Time near you. While traveling away from St Anne.

In the APP Store or
<https://masstimes.org>



THE "GOLDEN ARROW" PRAYER "

May the most holy, most sacred, most adorable, most incomprehensible and unutterable Name of God be always praised, blessed, loved, adored and glorified in Heaven, on earth, and in the hells, by all the creatures of God, and by the Sacred Heart of Our Lord Jesus Christ in the Most Holy Sacrament of the Altar.

Amen.



Welcome to St. Anne Parish To all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones today and every day. Pax et Bonum (Peace & Happiness)

St. Anne Parish

Weekend Mass Schedule

Saturdays @ 5:00 pm—confession @ 4:30 pm
Sundays @ 9:00 am - confession @ 8:30 am

Daily Mass Schedule

Mondays & Fridays— 6:00 pm Mass
Tuesdays, Wednesdays, Thursdays - 9:00 am Mass

ADORATION

Mondays & Fridays @ 5:00 pm;
Tuesdays, Wednesdays, Thursdays—following Mass

CONFESION

Mondays & Fridays @ 5:30 pm;
Tuesday Wednesday Thursday Sunday @ 8:30 am

Solemnity of the Most Holy Trinity
Liturgical color: white
Lectionary #164

Ex 34:4b–6, 8–9
Dn 3:52, 53, 54, 55
2 Cor 13:11–13
Jn 3:16–18

Gloria
Creed

Today's Solemnity: Although God is one, God is not solitary. Each of the Divine Persons — Father, Son, and Holy Spirit — is distinct from the others and exists eternally with them as a communion of persons in love. Baptized in the name of our Triune God, we are called to share in the divine life and to shape our families and our communities to reflect the unity and love found in the relationship among the Father, Son, and Spirit.

St. Anne Events

Mondays

Al-Anon 5:30 Parish Hall

Wednesdays

Quilting Group @ 9:45 am in the Hall

AA 7pm Parish Hall

Sundays

Music practice after mass

Fellowship after Mass

PRAYER CHAIN INTENTIONS

can be emailed and kept anonymous if requested or needed. Please call Pam Harper 509-496-5930 to request prayers. or email stanneprayerchain@yahoo.com

Please note: Mass Intentions take approximately 2 weeks to get processed and on the calendar. Please note this when giving your stipends for Intentions.

MASS INTENTIONS

24 Sunday	Pro Populo
25 Monday	
26 Tuesday	
27 Wednesday	
28 Thursday	
29 Friday	
30 Saturday	
31 Sunday	Pro Populo

Mary, Queen of Heaven ... Pray for us!
St. Anne ... Pray for us!

Starts: June 3rd **Sacred Heart** Feastday June 12th Patron saint of the Apostleship of Prayer

Starts: June 4th **Immaculate Heart of Mary** Feastday June 13th Patron saint of Apostleship of Prayer Alliance of Sacred Hearts

Starts: June 4th **St Anthony** Feastday June 13th Patron saint of finding one's spouse, lost items, people, and souls

Starts: June 6th **St Germaine Cousin** Feastday June 15th Patron saint of abused children, abandoned and disabled people, loss of parents

Starts: June 12th **St Aloysius Gonzaga** Feastday June 21st Patron saint of students, young people, the blind, purity, plague victims and against epidemics

Starts: June 13th **St Thomas More** Feastday June 22nd Patron saint of adopted children, lawyers, civil servants

Starts: June 15th **St John the Baptist** Feastday June 24th Patron saint of countless dioceses, cities, and causes

Starts: June 17th **St Josemaria Escriva** Feastday June 26th Patron saint of diabetes

Starts: June 18th **Our Lady of Perpetual Help** Feastday June 27th Patron saint of great needs

Starts: June 20th **St Peter and Paul** Feastday June 29th Patron saint of Greece, evangelization, the church

Starts: June 22nd **Precious Blood** Feastday July 1st Patron saint of Salvation

Starts: June 25th **St Pier Giorgio Frassati** Feastday July 4th Patron saint of students, young Catholics

Starts: June 25th **St Elizabeth of Portugal** Feastday July 4th Patron saint of the Third Order of St Francis

Starts: June 27th **St Maria Goretti** Feastday July 6th Patron saint of chastity, rape victims, girls, teenage girls purity and forgiveness



St. Anne's Calendar June 2026 Dedicated to Sacred Heart of Jesus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Mass 9:00 am The Most Holy Trinity Doughnuts	1 June is dedicated to the Sacred Heart Mass 6:00 pm Al-Anon 5:30 pm	2 Mass 9:00 am	3 Mass 9:00 am Quilting 9:45 AA 7 pm	4 Mass 9:00 am	5 Mass 6:00 pm First Friday	6 Vigil Mass @ 5:00 pm First Saturday
7 Mass 9:00 am The Most Holy Body and Blood of Christ (Corpus Christi) Doughnuts	8 Mass 6:00 pm Al-Anon 5:30 pm	9 Mass 9:00 am COMBINED Finance & Parish Council meeting 6 PM	10 Mass 9:00 am Quilting 9:45 AA 7 pm	11 Mass 9:00 am	12 Mass 6:00 pm	13 Vigil Mass @ 5:00 pm
14 Mass 9:00 am 11th Sunday in Ordinary Time Doughnuts	15 Mass 6:00 pm Al-Anon 5:30 pm	16 Mass 9:00 am	17 Mass 9:00 am Quilting 9:45 AA 7 pm	18 Mass 9:00 am	19 Mass 6:00 pm	20 Vigil Mass @ 5:00 pm
21 Mass 9:00 am 11th Sunday in Ordinary Time Doughnuts	22 Mass 6:00 pm Al-Anon 5:30 pm	23 Mass 9:00 am	24 Mass 9:00 am Nativity of St. John the Baptist Quilting 9:45 AA 7 pm	25 Mass 9:00 am	26 Mass 6:00 pm	27 Vigil Mass @ 5:00 pm Fr Ishida's 20 yr Anniversary & Transfer - Potluck After Mass

Are you sick, preparing for a surgery, or homebound? Is someone you know very ill?

And would like a to receive communion and the anointing of the sick from Fr. Ishida. For these urgent needs call, (509) 998-7093