

God is Love and Loving *Solemnity of the Most Holy Trinity (Year A)*

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God. [John 3:16-18](#)

Saint John the Apostle is identified in his Gospel as “the disciple whom Jesus loved,” a title that appears multiple times and has been consistently understood in the Church’s tradition to refer to John himself (cf. [John 13:23](#); [19:26](#); [20:2](#); [21:7](#); [21:20](#)). By calling himself the beloved disciple, John was revealing his interior experience of the perfect love he encountered in Jesus. Certainly, Jesus loved everyone—equally and without limit. Yet John includes this personal designation not to claim favoritism, but to offer a personal testimony to the divine love made manifest in Christ’s humanity—love he experienced firsthand and which changed his life.

Love plays a central role in John’s writings—not only in his Gospel but also in his letters and the Book of Revelation. In his First Letter, likely written to the Christian communities he helped convert and shepherd, John declares: “God is love, and whoever remains in love remains in God and God in him” ([1 John 4:16](#)). This is both a personal sentiment and a profound theological affirmation. John speaks from both divine inspiration and lived experience; he had walked with Love Incarnate. To say “God is love” is to profess that love is not something God merely *does*—it is who God *is*. God’s love is not a feeling, not sentimentality, but the pure, self-giving, eternal communion of Father, Son, and Holy Spirit—a love that precedes and surpasses all creation.

That mystery lies at the very heart of today’s Solemnity. Because God is Love in His very essence, love naturally flows from His divine nature in superabundance. God loves because He is Love. Today’s Gospel reveals the most perfect expression of that divine essence: “God so loved the world that he gave his only Son...” This eternal, Trinitarian love is made visible in time when the Father sends the Son, conceived by the overshadowing of the Holy Spirit in the womb of the Blessed Virgin Mary.

Why does God give His Son? So that we might not perish but have eternal life. That is, so we may be drawn into the very life of God—into the Trinitarian communion of love. God desires to rescue us from condemnation and to share with us His Divine Existence.

This is the essence of Divine Love. This is the Trinity. And this is the astonishing invitation extended to every soul: To believe in the Son is to begin participating in the eternal love that flows ceaselessly between the Father and the Son in the Holy Spirit—a love that never ends. We are invited to be caught up by the love of God into Love Himself: the eternal communion of the Father, Son, and Holy Spirit.

Trinity Sunday is set apart on the Church’s calendar to renew our awe, deepen our understanding, and intensify our worship of the central mystery of our faith: that God is One in essence and Three in Persons. While every liturgy honors the Trinity—through prayer to the Father, in the Son, by the power of the Holy Spirit—this solemnity invites us to pause and gaze more intentionally into the inner life of God as it has been revealed to us. We do not celebrate a theological abstraction but a divine Personhood: the eternal exchange of love between the Father and the Son, perfectly expressed and eternally proceeding in the Holy Spirit.

Reflect today on the Most Holy Trinity. We were made to share in Their Life and Love. Though the fullness of the Trinity remains a mystery beyond human grasp, it is not beyond human encounter. Through grace, revelation, and contemplative union, God draws us to Himself—not to explain Himself, but to be consumed by Him. Celebrate this day by repeatedly praying one of the most ancient and simple prayers of the Church:

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen! Most Holy Trinity, I love You and trust in You!

Mary, Queen of Heaven Parish

May 31st 2026

The Most Holy Trinity Sunday



Holy Mass and Sacraments Schedule

Sunday Mass: 10:30 am

12:30 pm English Mass

Reconciliation: Sundays at 12:00 am

Baptism and Holy Matrimony:

The family should be registered and active members at Mary, Queen of Heaven Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

Anointing of the Sick:

Please contact Father Ishida. **509-998-7093**

Parish Office:

Please email or leave voice message.

Parish Staff:

Parish Office: 509-723-1459

Parish email:

stannemedicallake@gmail.com

Parish website: www.westplainscatholicparishes.org

Father Michael Ishida, Pastor

Father Peter Miller

Evie Noder, Office Admin- Parish Bookkeeper

Sacramental Emergencies – 509-998-7093

Pastoral Council

Father Ishida, Pat Whipple, Janet Whipple,,
Mario Cruz, Danielle Treis, Father Miller

Finance Council

Father Ishida, Eric Hanson

Physical Address: 200 W. Alder, Sprague, WA
99032

Mailing Address: P.O. Box 125, Medical Lake, WA
99022

Welcome to Mary, Queen of Heaven Parish

To all visitors who are joining us
for worship today. May your
time with us be grace-filled and
may the Lord Jesus bless you
and your loved ones today and
every day.



Prayer for Priests

O Jesus, keep them all close to your heart.

O Jesus, I pray for your faithful and fervent priests; for your unfaithful and tepid priests; for your priests laboring at home or abroad in distant mission fields; for your tempted priests; for your lonely and desolate priests; for your young priests; for your dying priests; for the souls of your priests in Purgatory.

But above all, I recommend to you the priests dearest to me: the priest who baptized me; the priests who've absolved me from my sins; the priests at whose Masses I've assisted and who've given me Your Body and Blood in Holy Communion; the priests who've taught and instructed me; all the priests to whom I am indebted in any other way, especially ____

O Jesus, keep them all close to your heart, and bless them abundantly in time and in eternity.

Amen.

THE "GOLDEN ARROW" PRAYER "

May the most holy, most sacred, most adorable, most incomprehensible and unutterable Name of God be always praised, blessed, loved, adored and glorified in Heaven, on earth, and in the hells, by all the creatures of God, and by the Sacred Heart of Our Lord Jesus Christ in the Most Holy Sacrament of the Altar.

Angelus Recite at daily

6 am, Noon, 6 pm

V/. The Angel of the Lord declared unto Mary, R/. And she conceived of the Holy Spirit. Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

V/. Behold the handmaid of the Lord, R/. Be it done unto me according to your Word. Hail Mary...

V/. And the Word was made flesh, R/. And dwelt among us. Hail Mary...

V/. Pray for us, O holy Mother of God, R/. That we may be made worthy of the promises of Christ. Let us pray. Pour forth, we beseech you, O Lord, your grace into our hearts: that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord.

Adventure awaits, don't miss Mass. APP Store or <https://masstimes.org>

World wide use to locate Masses, Confessions, Adoration wherever you go



Solemnity of the Most Holy Trinity
Liturgical color: white
Lectionary #164

Ex 34:4b-6, 8-9
Dn 3:52, 53, 54, 55
2 Cor 13:11-13
Jn 3:16-18

Gloria
Creed

Today's Solemnity: Although God is one, God is not solitary. Each of the Divine Persons — Father, Son, and Holy Spirit — is distinct from the others and exists eternally with them as a communion of persons in love. Baptized in the name of our Triune God, we are called to share in the divine life and to shape our families and our communities to reflect the unity and love found in the relationship among the Father, Son, and Spirit.



PRAYER CHAIN INTENTIONS

can be emailed and kept anonymous if requested or needed. Please call Pam Harper 509-496-5930 to request prayers. or email

stanneprayer-chain@yahoo.com



Please note: Mass Intentions take approximately 2 weeks to get processed and on the calendar. Please note this when giving your stipends for Intentions.

MASS INTENTIONS

24	Sunday	Pro Populo
25	Monday	
26	Tuesday	
27	Wednesday	
28	Thursday	
29	Friday	
30	Saturday	
31	Sunday	Pro Populo

Mary, Queen of Heaven ... Pray for us!
St. Anne ... Pray for us!

Starts: June 3rd **Sacred Heart** Feastday June 12th Patron saint of the Apostleship of Prayer

Starts: June 4th **Immaculate Heart of Mary** Feastday June 13th Patron saint of Apostleship of Prayer Alliance of Sacred Hearts

Starts: June 4th **St Anthony** Feastday June 13th Patron saint of finding one's spouse, lost items, people, and souls

Starts: June 6th **St Germaine Cousin** Feastday June 15th Patron saint of abused children, abandoned and disabled people, loss of parents

Starts: June 12th **St Aloysius Gonzaga** Feastday June 21st Patron saint of students, young people, the blind, purity, plague victims and against epidemics

Starts: June 13th **St Thomas More** Feastday June 22nd Patron saint of adopted children, lawyers, civil servants

Starts: June 15th **St John the Baptist** Feastday June 24th Patron saint of countless dioceses, cities, and causes

Starts: June 17th **St Josemaria Escriva** Feastday June 26th Patron saint of diabetes

Starts: June 18th **Our Lady of Perpetual Help** Feastday June 27th Patron saint of great needs

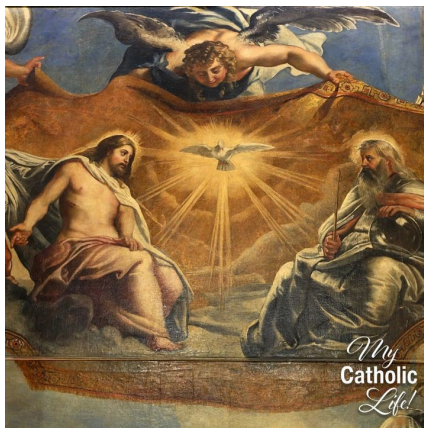
Starts: June 20th **St Peter and Paul** Feastday June 29th Patron saint of Greece, evangelization, the church

Starts: June 22nd **Precious Blood** Feastday July 1st Patron saint of Salvation

Starts: June 25th **St Pier Giorgio Frassati** Feastday July 4th Patron saint of students, young Catholics

Starts: June 25th **St Elizabeth of Portugal** Feastday July 4th Patron saint of the Third Order of St Francis

Starts: June 27th **St Maria Goretti** Feastday July 6th Patron saint of chastity, rape victims, girls, youth, teenage girls, purity and forgiveness



Mary Queen Calendar June 2026 Dedicated to Sacred Heart of Jesus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Mass 10:30 am Mass 12:30 English The Most Holy Trinity	1 June is dedicated to the Sacred Heart	2	3	4	5 First Friday	6 St Anne Vigil Mass 5:00 pm First Saturday
7 Mass 10:30 am Mass 12:30 English The Most Holy Body and Blood of Christ Corpus Christ	8	9	10	11	12	13 St Anne Vigil Mass 5:00 pm
14 Mass 10:30 am Mass 12:30 English 11th Sunday in Ordinary Time	15	16	17	18	19	20 St Anne Vigil Mass 5:00 pm
21 Mass 10:30 am Mass 12:30 English 12th Sunday in Ordinary Time	22	23	24	25	26	27 St Anne Vigil Mass 5:00 pm Fr Ishida's 20 yr Anniversary & Transfer - Potluck After Vigil Mass

Are you sick, preparing for a surgery, or homebound? Is someone you know very ill?

And would like a to receive communion and the anointing of the sick from Fr. Ishida. For these urgent needs call, (509) 998-7093