

The “Little Flock”

Nineteenth Sunday in Ordinary Time (Year C)

Jesus said to his disciples: “Do not be afraid any longer, little flock, for your Father is pleased to give you the kingdom.” [Luke 12:32](#)

This short statement from Jesus reveals three things to us:

First of all, we hear Jesus offer the familiar reminder that we ought not allow fear to take hold of our lives. There are so many things in life that can have the effect of causing fear, worry, anxiety and the like. Overcoming fear is a matter of humility, in that humility enables us to turn our eyes from ourselves and the problems we face and to put our eyes upon our Lord. When we put our eyes on Him, fear dissipates and trust takes its place.

Second, this is also a very tender statement from Jesus in that He calls His disciples, and all of us, His “little flock.” This is a term of endearment and reveals our Lord’s gentle and compassionate heart. This term of endearment reveals not only that we belong to Jesus, it also reveals how His love for us is intimate and heartfelt. If we understand this love of His we will be compelled to love Him back with the same depth of intimacy.

Lastly, this line points us to the Kingdom of our Father in Heaven. The Father, whom we must trust and with whom we must have an intimate relationship, invites us to share in His most glorious Kingdom. His Kingdom becomes ours, and when we can see and understand how glorious this calling is, we will be filled with hope and excitement as we seek to obtain it.

Reflect, today, upon the heartfelt invitation of our compassionate Lord Jesus to put your eyes upon His Kingdom. As you do so, allow this revelation to cast out fear from your life, strengthening you to overcome that burden. Put your trust in God and allow Him to transform you.

My Divine Shepherd, I accept Your invitation to put my trust in You. Please free me from the many fears that I am tempted with in life. Help me to have confidence in You and Your grace as I seek to put my eyes on the glory of Your Kingdom. Jesus, I trust in You.

Consider a gift/bequest to St. Anne's, Mary Queen of Heaven, or St. Francis of Assisi in your will.

I give to the "St. Anne/St. Francis of Assisi/Mary Queen church Preservation Fund" located in Medical Lake/Sprague/Harrington, WA., the following amount/percent ___ to be used exclusively for Church preservation.
... OR ...

I give to St. Anne/St. Francis of Assisi/Mary Queen Catholic Parish, located " located in Medical Lake/Sprague/Harrington, WA, the following amount/percent ___ to be used wherever needed most.



St. Anne Parish

Website: westplainscatholicparishes.org
(or simply type:) bit.ly/StAnneML

708 E. Lake Street, Medical Lake, WA 99022

Mailing Address:

P.O. Box 125, Medical Lake, WA 99022
Sacramental Emergency Phone: 509-998-7093
Office Phone: 509-723-1459

August 7, 2022 Nineteenth Sunday in Ordinary time

Parish Office:

Office Hours: TW
Phone: 509-723-1459
Pastor: Rev. Mike Ishida
Parish Office: Michele Flynn
stannemedicallake@gmail.com

Parish Council:

Rev. Mike Ishida
Betty Patterson (Ex officio - Finance chair)
Janet Rivas (2022)
Theckla Garcia (2023)
Kathy Johnson-Glaesmann (2023)
Evie Noder (2023)
Linda Pearson (2023)
Theresa Reisenauer (2024)

Finance Council:

Rev. Mike Ishida
Betty Patterson, *Chair*
Mary Morrison
Joyce Cabildo

Prayer Chain:

Theresa Reisenauer
lovinretirement@gmail.com

St. Anne, Medical Lake, WA

Sunday: 9:00 am English Mass
Monday: 6:00 pm English Mass
Tuesday: 9:00 am English Mass
Wednesday: 9:00 am English Mass
Thursday: 9:00 am English Mass
Friday: 6:00 pm English Mass

**Confessions 30 minutes before EVERY Mass.*

**Adoration Monday & Friday 5:00pm-6:00pm*

**Adoration Tuesday, Wednesday, Thursday 9:30am-10:30 am*

Mary Queen of Heaven, Sprague, WA

Sunday: 10:30 am Latin Mass **Confession @ 10:00am*
12:30 pm [English Mass](#)

Daily Mass: 7:00 am Latin Mass

St. Francis of Assisi, Harrington, WA

Saturday: 5:30 pm Mass **Confession @ 5:00pm*

Sacraments

Penance (Confession):

St. Anne: 30 minutes before EVERY Mass
Mary Queen: Sunday 10:00 am
St. Francis of Assisi: Saturdays 5:00 pm

Baptism and Confirmation: Contact Parish Office

Marriage: Contact Parish Office

(requires preparation for at least 6 months in advance)

welcome
to our Parish

FORMED.org—“The Catholic NetFlicks

Step 1. **Sign up as a Parishioner (it's FREE)** : search
for **St. Anne Medical Lake**

Step 2. Then enter your name and create a password.

Marriage Saving The Weekend Phase

During the weekend phase of Retrouvaille, a series of presentations are given by a team of three couples and a priest. The team presents a technique of communication that enables you to take a good look at most areas of your relationship. After each presentation you have time in the privacy of your room to discuss the previous presentation.

Retrouvaille is for any couple who would like to rediscover their marriage and improve communication.

Visit www.Retrouvaille.org for emotional testimonials. For confidential information or to register for the September 9, 2022, Spokane weekend call (509) 448-4287 or visit the web site at www.Retrouvaille.org. The deadline for registration is 8/29/22.

Schola Cantorum

Please join our new schola to assist with singing the Holy Mass, contact Linda Pearson @ 879-0753.

Mass Prayer Intentions

July 31- August 7
Sunday: Pro Propulo
Monday:
Tuesday:
Wednesday:
Thursday:
Friday:
Saturday:
Sunday: Pro Propulo



And for all the intentions of our parishioners, especially the intentions in our Parish prayer chain.

St. Anne, pray for us!
St. Francis of Assisi, pray for us!
Mary, Queen of Heaven, pray for us!

DO YOU KNOW A COLLEGE STUDENT?

Eighty percent of Catholic students who go off to college stop practicing their faith. But the 20% of students who do practice say that one of the main reasons was because they got an invite from the Catholic on-campus ministry. *Let's help make sure that happens.*

Please send the names of the Catholic high school graduates you know and the colleges they plan to attend to Cassie Campton (ccampton@newmanministry.com), Director of Newman Ministries Student Outreach. Once received, the on-campus Catholic Ministry will invite the student to participate.

Thank you for your help as we work together to help college students grow in their Catholic faith!

Looking for a Catholic homeschool group? Consider joining

Spokane, WA Catholic Schoolhouse

We are a classical, memory based program that meets once a week for chorus, art, science, presentations, memory work, and fellowship.

For more information, please contact spokanewa@catholicsschoolhouse.com or call Rashele at 970-216-1553.

How to Give

- Online Giving—It's safe, secure and easy to give with the secure service we use RebelGive: <https://bit.ly/StAnneGive>
- Mail you offering to:
PO Box 125, Medical Lake, WA 99022
- Drop your donation in the giving basket



Tithing is a word that simply means one-tenth. Scripture explains that tithing is an important part of faith for those who follow God and your tithe should be money you set aside first.

EMPLOYMENT AROUND THE DIOCESE:


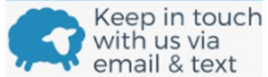
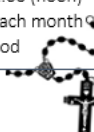
There are several job openings.
Please go to the website for more information.



Welcome

To all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones.

August at a glance:

Sunday	M	Tuesday	Wednesday	T	F	Saturday
7 St. Anne, Medical Lake, WA 8:30 am Confession 9:00 am Mass Mary Queen of Heaven Sprague, WA 10:00 am Confession 10:30 am Latin Mass 12:30 pm English Mass <i>Nineteenth Sunday in Ordinary Time</i>	8	9	10	11	12	13 St. Francis of Assisi Harrington, WA 5:00 pm Confession 5:30 pm Mass  having you as part of our flock  Keep in touch with us via email & text Text the word westplains to the number 84576
Daily Mass at St. Anne Parish Mondays & Fridays- 6:00 pm Mass Tuesdays, Wednesdays, Thursdays - 9:00 am Mass *ADORATION MF before Mass & following Mass TWTh.						
			9:45 am - Quilting Grp Meet in St. Anne Hall			
PRAY FOR BISHOP DALY AND ALL OUR PRIESTS!						
14 St. Anne, Medical Lake, WA 8:30 am Confession 9:00 am Mass Mary Queen of Heaven Sprague, WA 10:00 am Confession 10:30 am Latin Mass 12:30 pm English Mass <i>Twentieth Sunday in Ordinary Time</i>	15	16	17	18	19	20 St. Francis of Assisi Harrington, WA 5:00 pm Confession 5:30 pm Mass Power in the Rosary! Please join St. Joan of Arc Pro-Life Group in saying a Rosary for the unborn @ 12:00 (noon) the 3 rd Saturday of each month at Planned Parenthood 
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			9:45 am - Quilting Grp Meet in St. Anne Hall			
Please pray for Father Ishida and all priests ... as they are always in need of our prayers.						
21 St. Anne, Medical Lake, WA 8:30 am Confession 9:00 am Mass Mary Queen of Heaven Sprague, WA 10:00 am Confession 10:30 am Latin Mass 12:30 pm English Mass <i>Twenty-First Sunday in Ordinary Time</i>	22	23	24	25	26	27 St. Francis of Assisi Harrington, WA 5:00 pm Confession 5:30 pm Mass
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Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.