

True Fulfillment
Third Sunday in Ordinary Time (Year B)

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.” [Mark 1:14–15](#)

Jesus begins His public ministry immediately after being tempted by the devil while in the desert for forty days. As He begins His ministry, He declares: “This is the time of fulfillment.” First, the beginning of Jesus’ public ministry was, historically speaking, the “time of fulfillment,” in that the new era of the Gospel and grace had just begun. But the “time of fulfillment” of which Jesus speaks also refers to each and every time that we hear the Gospel and respond. We do this by sincerely repenting of our sins and by becoming a fuller member of God’s Kingdom. But ponder for a moment the specific word “fulfillment.” What does this mean?

The word “fulfilled” can be contrasted with its opposite “unfulfilled.” To be unfulfilled is always undesirable. In this world, many people find themselves unfulfilled and try to fill this void with many things. Interestingly, the three temptations that Jesus had just experienced in the desert are among the temptations that so many people give into during their search for fulfillment in life.

First, Jesus was hungry, and the devil tempted Him to turn stones into bread to satiate that hunger. This is a temptation to fleshly fulfillment. Second, the devil tempted Jesus to throw Himself off the pinnacle of the Temple to prove He was the Son of God. This is a temptation to fulfillment by pride—pride to convince another of one’s importance and identity. Third, the devil showed Jesus all the nations of the world and promised them to our Lord if Jesus worshiped him. This is a temptation to fulfillment by obtaining earthly wealth and power. Of course, Jesus rejected all three temptations as a way of showing that none of these truly fulfill us. And He did this just prior to the beginning of His public ministry so as to then go forth preaching the true message of fulfillment. “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.”

True fulfillment is only found in the Gospel, the message of Truth that Jesus shared during His three years of public ministry and then brought to completion by His sacrificial death and resurrection. Only those who heed His words and open themselves to the grace poured forth from the Cross are able to find the fulfillment that they seek.

Reflect, today, upon your own interior desire for fulfillment in life. How do you try to satiate this desire? Do you allow the evil one to trick you into thinking that fleshly desires, pride or wealth are the answer? Reject those temptations with our Lord and then immerse yourself in His Gospel message, which is the only source of fulfillment in life.

Lord of true fulfillment, You and You alone are the source of the fullness of life. I believe that with all my heart. Please give me the grace I need to reject all temptations in life and to cling only to Your holy Word and the grace given to all who follow You. Jesus, I trust in You.

Mary, Queen of Heaven Parish
January 21, 2024
Third Sunday in Ordinary Time



Holy Mass and Sacraments Schedule

Sunday Mass: 10:30 am
12:30 pm English Mass

Daily Mass: 7:00 am

Reconciliation: Sundays at 10:00 am

Baptism and Holy Matrimony:

The family should be registered and active at Mary, Queen of Heaven Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

Anointing of the Sick:

Please contact Father Ishida.

Parish Office:

Please email or leave voice message.

Parish Staff:

Parish Office: 509-723-1459

Parish email: stannemedicallake@gmail.com

Parish website: www.westplainscatholicparishes.org

Father Michael Ishida, Pastor

Father Peter Miller

Evie Noder, Parish Bookkeeper

Michele Flynn, Office Admin

Sacramental Emergencies – 509-998-7093

Pastoral Council

Father Ishida, Pat Whipple, Janet Whipple,,

Mario Cruz, Danielle Treis, Father Miller

Finance Council

Father Ishida, Eric Hanson

Physical Address:

200 W. Alder, Sprague, WA 99032

Mailing Address:

P.O. Box 125, Medical Lake, WA 99022

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Step 1. ***Sign up as a Parishioner (it's FREE)*** : search for ***St. Anne Medical Lake***

Step 2. Then enter your name and create a password.

welcome
to our parish



Catholic Schools Week is approaching!

January 28-February 4

Bishop Daly is inviting all parishioners in our Diocese to participate in the Bishop's Collection for Catholic Schools. This collection in an annual collection Bishop Daly began 4 years ago to provide financial support for our parochial schools. Every community in our Diocese, even those without schools, benefit from the strength and health of our system of Catholic Schools. Collections will be Jan 28th & Feb.4

January 22: Day of Prayer for the Legal Protection of Unborn Children

Quote: God our Creator, we give thanks to you, who alone have the power to impart the breath of life as you form each of us in our mother's womb; grant, we pray, that we, whom you have made stewards of creation, may remain faithful to this sacred trust and constant in safeguarding the dignity of every human life... ~Collect for today's Mass

Prayer: Most precious Lord, You dwelt within the womb of your dear mother, sanctifying the womb, and elevating the dignity of all human life. I pray today for the full legal protection of every unborn child. I also pray that every heart that supports abortion will be changed so as to experience the freedom that comes from living in the Truth. I offer to You, this day, all my sufferings and sacrifices to help atone for every violation against human dignity committed through acts of abortion. Please bring healing, hope, and freedom to all. Mother Mary, pray for me. Jesus, I trust in You.

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Daily Prayer for Priests

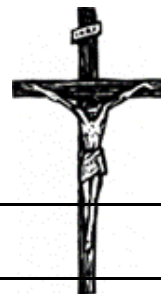
O Jesus, I pray for
Your faithful and fervent priests;
for Your unfaithful and tepid priests;
for Your priests laboring at home
or abroad in distant mission fields;
for Your tempted priests;
for Your young priests;
for Your dying priests;
for the souls of Your priests in purgatory.
But above all I recommend to You
the priests dearest to me;
the priest who baptized me;
the priest who absolved me from my sins;
the priests whose Masses I assisted
and who gave me Your Body and Blood
in Holy Communion;
the priests who taught and instructed me;
all the priests to whom I am indebted
in any other way, especially
list all priests.
O Jesus, keep them close to Your heart,
and bless them abundantly
in time and in eternity. Amen.

**PRAY FOR BISHOP DALY,
FATHER ISHIDA,
AND ALL OUR PRIESTS!**

MASS INTENTIONS FOR JANUARY

21	Sunday	Pro Populo
22	Monday	
23	Tuesday	Randy Schindler
24	Wednesday	
25	Thursday	
26	Friday	
27	Saturday	
28	Sunday	Pro Populo

*St. Anne ... Pray for us!
Mary, Queen of Heaven ... Pray for us!*



Welcome to Mary, Queen of Heaven Parish To all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones today and every day.

Mary, Queen of Heaven Parish

Weekend Mass Schedule:

Sundays @ 10:30 am - confession @ 10:00 am
12:30 pm

Daily Mass Schedule

Mondays thru Fridays- 7:00 am Mass



Around the Diocese ... re-occurring Monthly Events

Charismatic Mass - 1st Friday of each month
Our Lady of Fatima Parish
Friday, **February 2, 2024 @ 7:00 Praise, 7:30 Mass**
Praise and Worship, Holy Mass, and Social.
Please bring a snack to share. For more information call/
text Arlette 509-979-2255.

Women's Adoration and Fellowship—3rd Friday of
each month @ St. Charles Parish, Spokane
Friday, **February 16 @ 5:00 pm - 7:30 pm**
Wholeheartedly dedicated to proclaiming the love
and mercy of Jesus, equipping women to fearlessly
do the same.

Mass of Remembrance—1st Saturday of each month
Holy Cross Funeral & Cemetery
Saturday, **February 3 @ 9:00am**

Young Adult Adoration and Confession
1st Wednesday of each month
St. Francis Xavier, Spokane
Wednesday, **February 7, 2024 @ 7:00pm**
Spokane Catholic Young Adult's Social to follow.

New Joy
When you seek Me and find ME, you find not
what you think you want, but what you need.
You will find new delights in My fellowship and
company. Let Me be your gift.
Your joy will be complete.
Deuteronomy 16:15

Holy Hour for Vocations
Vigil of 1st Friday of each month
Bishop White Seminary
Thursday, **February 8, 2024 @ 7:00 pm – 8:00 pm**
Join the Cor Christi and Bishop White Seminary communities
and the Serra Club of Spokane in a Holy Hour of Eucharistic
Adoration for holy vocations & spiritual healing in our diocese.

**Diocesan news
to your inbox
every Friday**

SCAN TO SIGN UP



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having you as part of our flock

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with us via
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Text the word **westplains**
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