

## True Fulfillment

*Third Sunday in Ordinary Time (Year B)*

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.” [Mark 1:14–15](#)

Jesus begins His public ministry immediately after being tempted by the devil while in the desert for forty days. As He begins His ministry, He declares: “This is the time of fulfillment.” First, the beginning of Jesus’ public ministry was, historically speaking, the “time of fulfillment,” in that the new era of the Gospel and grace had just begun. But the “time of fulfillment” of which Jesus speaks also refers to each and every time that we hear the Gospel and respond. We do this by sincerely repenting of our sins and by becoming a fuller member of God’s Kingdom. But ponder for a moment the specific word “fulfillment.” What does this mean?

The word “fulfilled” can be contrasted with its opposite “unfulfilled.” To be unfulfilled is always undesirable. In this world, many people find themselves unfulfilled and try to fill this void with many things. Interestingly, the three temptations that Jesus had just experienced in the desert are among the temptations that so many people give into during their search for fulfillment in life.

First, Jesus was hungry, and the devil tempted Him to turn stones into bread to satiate that hunger. This is a temptation to fleshly fulfillment. Second, the devil tempted Jesus to throw Himself off the pinnacle of the Temple to prove He was the Son of God. This is a temptation to fulfillment by pride—pride to convince another of one’s importance and identity. Third, the devil showed Jesus all the nations of the world and promised them to our Lord if Jesus worshiped him. This is a temptation to fulfillment by obtaining earthly wealth and power. Of course, Jesus rejected all three temptations as a way of showing that none of these truly fulfill us. And He did this just prior to the beginning of His public ministry so as to then go forth preaching the true message of fulfillment. “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.”

True fulfillment is only found in the Gospel, the message of Truth that Jesus shared during His three years of public ministry and then brought to completion by His sacrificial death and resurrection. Only those who heed His words and open themselves to the grace poured forth from the Cross are able to find the fulfillment that they seek.

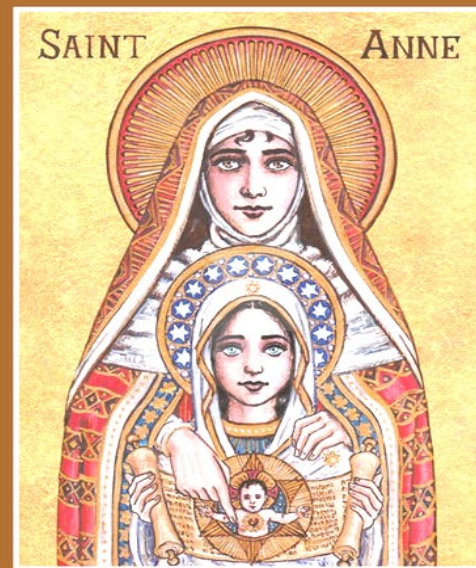
Reflect, today, upon your own interior desire for fulfillment in life. How do you try to satiate this desire? Do you allow the evil one to trick you into thinking that fleshly desires, pride or wealth are the answer? Reject those temptations with our Lord and then immerse yourself in His Gospel message, which is the only source of fulfillment in life.

*Lord of true fulfillment, You and You alone are the source of the fullness of life. I believe that with all my heart. Please give me the grace I need to reject all temptations in life and to cling only to Your holy Word and the grace given to all who follow You. Jesus, I trust in You.*

## St. Anne Catholic Parish

January 21, 2024

### Third Sunday in Ordinary Time



#### Parish Staff

Parish Office: 509-723-1459

Email: [stannemedicallake@gmail.com](mailto:stannemedicallake@gmail.com)

Website: [www.westplainscatholicparishes.org](http://www.westplainscatholicparishes.org)

Father Michael Ishida, Pastor

Evie Noder, Parish Bookkeeper

Michele Flynn, Office Admin

Sacramental Emergencies – 509-998-7093

#### Pastoral Council

*(meets 2<sup>nd</sup> Tuesday of each month @ 6:00 pm)*

Father Ishida, Betty Patterson, Evie Noder,

Larry Jay, Theresa Reisenauer, Ian Buckmaster,

Jeff King, Judy Luce

#### Finance Council

*(meets 1<sup>st</sup> Tuesday quarterly @ noon)*

Father Ishida, Betty Patterson,

Dan Quaschnick,

#### Physical Address:

708 E Lake Street, Medical Lake, WA 99022

#### Mailing Address::

P.O. Box 125, Medical Lake, WA 99022

#### Holy Mass and Sacraments Schedule

**Saturday Vigil:** 5:00 pm

**Sunday Mass:** 9:00 am

**Daily Mass:** Mondays & Fridays @ 6:00 pm  
Tuesdays, Wednesdays, Thursdays @ 9:00 am  
First Saturday's ONLY @ 9:00 am

**Reconciliation:** 30 minutes prior to each Mass

**Eucharistic Adoration:** Mondays and Fridays 5:00-6:00 pm  
Tuesdays, Wednesdays, Thursdays 9:30-10:30 am

**Baptism and Holy Matrimony:** The family should be registered and active at St. Anne Parish for a least three months prior to Baptism or Holy Matrimony. Couples are engaged to marry need to contact Fr. Ishida at least four months prior to the wedding date for marriage preparation.

**Anointing of the Sick:** Please contact Father Ishida.

**Parish Office:** Please email or leave a voice message.

#### Ministry Contacts

##### Liturgical Ministries

Sacristan - Theresa Reisenauer

Lectors – Cheryl Moriarty

Music – Linda Pearson

#### Parish Guilds

Prayer Chain, Theresa Reisenauer, [lovinretirement@gmail.com](mailto:lovinretirement@gmail.com)

Quilters Group, Sally Bachtel 702-622-5522

#### **FORMED.org—”The Catholic NetFlicks**

Step 1. **Sign up as a Parishioner (it's FREE) :** search for **St. Anne Medical Lake**

Step 2. Then enter your name and create a password.

*welcome*  
to our Parish

Keep in touch with us via email & text

Text the word **westplains** to the number **84576**

SCAN TO SIGN UP

Spokane Diocese

Diocesan news to your inbox every Friday

SCAN TO SIGN UP

Spokane Diocese

# St Anne Upcoming Events!



## Lenten Soup Dinners

Starting Ash Wednesday (02-14) and will continue each Friday of Lent following Stations of the Cross.—in St. Anne Hall

Look for a sign up sheet coming soon.

## Dedication to St. Joseph, March 19

Beginning with 33 Day Prayer and Daily Challenge starting on February 15. *Anyone interested in leading this event? Please talk to Father. Or email the parish office.*

**Schola Cantorum—Choir**

Please join our new schola to assist with singing the Holy Mass, contact Linda @ 509-879-0753. All voices are welcome!

**FORMED.org**

The Catholic NetFlicks

**JOIN for free!**

Directions on front of the bulletin .

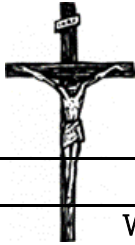
SPOKANE CATHOLIC YOUNG ADULTS

Scan to join the online community via Mighty Networks

## MASS INTENTIONS FOR JANUARY

21	Sunday	Pro Populo
22	Monday	
23	Tuesday	Randy Schindler
24	Wednesday	
25	Thursday	
26	Friday	
27	Saturday	
28	Sunday	Pro Populo

*St. Anne ... Pray for us!*  
*Mary, Queen of Heaven ... Pray for us!*



**Welcome to St. Anne Parish** To all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones today and every day. Pax et Bonum (Peace & Happiness)

**St. Anne Parish**

**Weekend Mass Schedule:**

Saturdays @ **5:00 pm**—confession @ 4:30 pm

Sundays @ **9:00 am** - confession @ 8:30 am

**Join us for FELLOWSHIP immediately following Sunday 9:00 am Mass in St. Anne Hall.**

**Daily Mass Schedule**

Mondays & Fridays– **6:00 pm** Mass

Tuesdays, Wednesdays, Thursdays - **9:00 am** Mass

**ADORATION**

Mondays & Fridays @ 5:00 pm;

Tuesdays, Wednesdays, Thursdays—following Mass

**CONFESSION**

Mondays & Fridays @ 5:30 pm;

Tuesdays, Wednesdays, Thursdays @ 8:30 am

**You are invited to join our Quilting Group**

We meet Wednesdays @ 9:45 am in St. Ann Hall. Any questions? Call Sally 702-622-5522.

**Parish Council Meeting**

Tuesday, February 13 @ 6:00 pm in St. Ann Hall

**PRAY FOR BISHOP DALY FOR HIS CONTINUED SUPPORT OF OUR PARISHES AND SCHOOLS.**

## Around the Diocese ... re-occurring Monthly Even ;

<p>Charismatic Mass - <b>1<sup>st</sup> Friday</b> of each month</p> <p>Our Lady of Fatima Parish</p> <p><i>Friday, <b>February 2, 2024 @ 7:00</b> Praise, 7:30 Mass</i></p> <p>Praise and Worship, Holy Mass, and Social.</p> <p>Please bring a snack to share. For more information call/text Arlette 509-979-2255.</p>	<p>Women's Adoration and Fellowship—<b>3<sup>rd</sup> Friday</b> of each month @ St. Charles Parish, Spokane</p> <p><i>Friday, <b>February 16 @ 5:00 pm - 7:30 pm</b></i></p> <p>Wholeheartedly dedicated to proclaiming the love and mercy of Jesus, equipping women to fearlessly do the same.</p>
<p>Mass of Remembrance—<b>1<sup>st</sup> Saturday</b> of each month</p> <p>Holy Cross Funeral &amp; Cemetery</p> <p><i>Saturday, <b>February 3 @ 9:00am</b></i></p>	<p><b>New Joy</b></p> <p>When you seek Me and find ME, you find not what you think you want, but what you need. You will find new delights in My fellowship and company. Let Me be your gift. Your joy will be complete. Deuteronomy 16:15</p>
<p>Young Adult Adoration and Confession</p> <p><b>1<sup>st</sup> Wednesday</b> of each month</p> <p>St. Francis Xavier, Spokane</p> <p><i>Wednesday, <b>February 7, 2024 @ 7:00pm</b></i></p> <p>Spokane Catholic Young Adult's Social to follow.</p>	
<p>Holy Hour for Vocations</p> <p><b>Vigil of 1<sup>st</sup> Friday</b> of each month</p> <p>Bishop White Seminary</p> <p><i>Thursday, <b>February 8, 2024 @ 7:00 pm – 8:00 pm</b></i></p> <p>Join the Cor Christi and Bishop White Seminary communities and the Serra Club of Spokane in a Holy Hour of Eucharistic Adoration for holy vocations &amp; spiritual healing in our diocese.</p>	<p>Women's Adoration and Fellowship</p> <p><b>3<sup>rd</sup> Friday</b> of each month</p> <p>St. Charles Parish, Spokane</p> <p><i>Friday, <b>February 16 @ 5:00 pm - 7:30 pm</b></i></p> <p>Wholeheartedly dedicated to proclaiming the love and mercy of Jesus and equipping women to fearlessly do the same.</p>

## We need you!

- Parish Council:** If you are interested In being part of the Parish Council, please talk to Father Ishida. Two members’ terms are up at the end of the school year. Parish council members have a unique opportunity to build our parish community. Please prayerfully consider and talk to Father.
- Safe Environment Lead:** This is a great opportunity to be involved in our parish community. The role of the Safe Environment lead is to help to maintain records of employees, teachers, volunteers—making sure that everyone is trained and aware.
- We need a strong person** that is able to lift heavy items. If you are that person, please talk to Father Ishida. It will take only a few minutes but your strength is needed.

**Thank you.**

**Catholic Schools Week is approaching!**  
**January 28-February 4**

Bishop Daly is inviting all parishioners in our Diocese to participate in the Bishop’s Collection for Catholic Schools. This collection in an annual collection Bishop Daly began 4 years ago to provide financial support for our parochial schools. Every community in our Diocese, even those without schools, benefit from the strength and health of our system of Catholic Schools.

Collections will be Jan 28th & Feb.4