



St. Anne's Parish

708 E. Lake Street, Medical Lake, WA 99022
Sacramental Emergency Phone: 509-720-7470

March 7, 2021 Third Sunday of Lent

Lent is the penitential season of the of the Church year. It begins on Ash Wednesday and ends with the Mass of the Lord's supper on Holy Thursday. Lent has six Sundays; the sixth is called Passion or Palm Sunday and marks the beginning of Holy Week. The Eater Triduum (three days) begins with the evening Mass of the Lord's Supper on Holy Thursday. It commemorates the Lord's passion and death on Good Friday, reaches its high point at the Easter Vigil and ends with evening Prayer on Easter Sunday. Then, the joyful Easter Season of 50 days begins.

Traditionally, the Lenten Season is a time of **penance** throughout the Catholic Church. Lent is a season in which **prayer**, the reception of the sacraments, charity, and **almsgiving** are emphasized. Fast and abstinence are to be observed on Ash Wednesday and Good Friday. All of the Fridays of Lent are days of abstinence from meat.

Lenten Regulations 2021

Weekdays of Lent:

There is no obligation to fast. However, voluntary acts of self-denial are recommended. Ash Wednesday and Good Friday: These are days of Fast and Abstinence from meat. There is a limit of one full meal on these days for all between the ages of 18-59 inclusive.

Days of Abstinence: (All Fridays in Lent):

All who have reached their 14th year are bound to abstain totally from meat.

Easter Duty Obligation:

After they have received their First Holy Communion, Catholics are bound by the obligation of receiving Holy Communion at least once a year. This precept should be fulfilled during the Easter Season. Catholics are also bound to confess serious (mortal) sins at least once a year, but this is not limited to the Lenten/Easter Season.

Consider a gift/bequest to St. Anne's, Mary Queen of Heaven, or St. Michael's in your will.

I give to the "St. Anne/St. Michael/Mary Queen church Preservation Fund" located in Medical Lake/Reardan/Sprague, WA. The following amount/percent ___ to be used exclusively for Church preservation.

... OR ...

I give to St. Anne/St. Michael/Mary Queen Catholic Parish, located " located in Medical Lake/Reardan/Sprague, WA., the following amount/percent ___ to be used wherever needed most.

Parish Office:

Office hours: M,T,W 2:30 pm-5:00 pm
Phone: 509-723-1459
Pastor: Rev. Dale Tuckerman
Parish Office: Michele Flynn
stannemedicallake@gmail.com

Parish Council:

Father Tuckerman
Parker Howard, *Chair* (2021)
Theckla Garcia (2021)
Janet Rivas (2022)
Shannon Stone (2022)
Howard Giffith (2022)
Betty Patterson (Ex officio - Finance chair)

Finance Council:

Father Tuckerman
Betty Patterson, *Chair*
Mary Morrison
Kathy Fraley

Prayer Chain:

Theresa Reisenauer
lovinretirement@gmail.com

St. Anne, Medical Lake, WA

Sunday: 9:00 am English Mass
Tuesday: 8:30 am Confession
9:00 am English Mass
Wednesday: 9:00 am English Mass
Saturday: 4-5pm Adoration&Confession

Mary Queen of Heaven, Sprague, WA

Sunday: 11:00 am English Mass
12:00 pm Confession
12:30 pm EF Latin Mass

St. Michael, Reardan, WA

Saturday: 5:30 pm

Sacraments

Penance (Reconciliation):

St. Anne, Medical Lake, WA
Tuesday: 9:30 am
Saturday: 4:00 – 5:00 pm

Baptism:

Contact Parish Office

Confirmation:

Contact Parish Office

Marriage:

Contact Parish Office (requires preparation for at least 4 months in advance)





Year of Saint Joseph ...

December 8, 2020, to December 8, 2021

PARKING LOT FUNDRAISING CAMPAIGN

St. Anne Parish ... Goal \$20,000

It is time to bring our parking lot up to ADA code, fix the drainage issues, re-tar the cracks, and restripe.

Make checks to St. Anne Parish

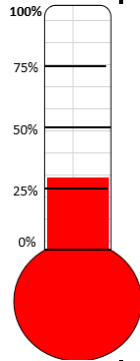
Memo: Parking Lot Fund

Thank you for your continued support and love for our Parish!

We have raised \$5,475.00!

And are at 27.4% of our goal.

Thank you for your generous support!



CATHOLIC FAITH ON DEMAND:

Join FORMED at **Formed.org**

Get thousands of movies, programs, audio, and books instantly.

Religious Education:

Children's Classes (ages 1st grade-5th grade)

Wednesdays 5:30-6:30 - Parish Hall

Instruction in the Faith

Get to know the Faith!

If interested, please contact the office

Phone: 509-723-1459 *(leave a message)*

or

Email: stannemedicallake@gmail.com

Novena prayer to St Joseph

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God. I place in you all my interests and desires.

Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

Oh, St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask him to return the Kiss when I draw my dying breath. St. Joseph, Patron of departing souls – Pray for me!



Please Remember in Your Prayers

... for all those we hold deeply in our hearts, may they be remembered...

St. Anne, pray for us!

St. Michael, pray for us!

Mary, Queen of Heaven, pray for us!



Welcome ...

to all visitors who are joining us for worship today. May your time with us be grace-filled and may the Lord Jesus bless you and your loved ones today and always.

March at a Glance:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 9:00 Mass at St. Anne 11:00 Mass at MQ 12:30 Latin Mass (MQ) 3 rd Sunday of Lent	8	9 8:30 am Confession-St Anne 9:00 am Mass-St Anne 9:30 am Adoration- St Anne 5:30 pm Instruction in the Faith at St. Anne	10 8:30 am Confession-St Anne 9:00 am Mass-St Anne 9:30 am Adoration- St Anne 5:30 pm Religious Ed at St. Anne	11	12 Stations of the Cross 6:00 St. Anne 6:00 MQ	13 Stations of the Cross: 4:00 St. Michael Confession: 5:00 St. Michael Mass: 5:30 St. Michael
14 9:00 Mass at St. Anne 11:00 Mass at MQ 12:30 Latin Mass (MQ) 4 th Sunday of Lent "Laetare Sunday"	15	16 8:30 am Confession-St Anne 9:00 am Mass-St Anne 9:30 am Adoration- St Anne 5:30 pm Instruction in the Faith at St. Anne	17 8:30 am Confession-St Anne 9:00 am Mass-St Anne 9:30 am Adoration- St Anne 5:30 pm Religious Ed at St. Anne	18	19 Stations of the Cross 6:00 St. Anne 6:00 MQ	20 Stations of the Cross: 4:00 St. Michael Confession: 5:00 St. Michael Mass: 5:30 St. Michael
21 9:00 Mass at St. Anne 11:00 Mass at MQ 12:30 Latin Mass (MQ) 5 th Sunday of Lent	22	23 8:30 am Confession-St Anne 9:00 am Mass-St Anne 9:30 am Adoration- St Anne 5:30 pm Instruction in the Faith at St. Anne	24 8:30 am Confession-St Anne 9:00 am Mass-St Anne 9:30 am Adoration- St Anne 5:30 pm Religious Ed at St. Anne	25	26 Stations of the Cross 6:00 St. Anne 6:00 MQ	27 Stations of the Cross: 4:00 St. Michael Confession: 5:00 St. Michael Mass: 5:30 St. Michael

Online Giving

Move away from envelopes. It's easy and secure to give online with the service we use: RebelGive. Go to: <https://bit.ly/StAnneGive>

Need help with rent or utilities?

Medical Lake Community Outreach has received monies for Medical Lake residences who need help with utilities and rent. To set up an appointment for a Wednesday or Friday morning, call 509-299-3819.

Regarding the Covid-19 Vaccines. It is important for each of us to raise our voice in order to advocate for the unborn by protesting immoral use of abortion in the production of pharmaceuticals, or anything for that matter. Please make time to read the Bishop's letter that is on the diocesan website: www.dioceseofspokane.org If you have not already, go our website: www.westplainscatholicparishes.org and press the link at the top of the page that says "advocate for ethical vaccines". There will you find the sample letter you can print out and send. This is morally required for anyone who takes the vaccine. -FrTuckerman